



Ryan Pini – Gol Medal wina bilong PNG husat i kam bek long ritaiamen long wokim wanpela moa raun long swim na apim nem bilong PNG.
Poto: Nicky Bernard.

15 Pasifik Gems kamapim nupela rekot

Frieda Sila Kana i raitim

TIM PNG i no moa luk sore wantaim wanpela, tupela, 4-pela o 5-pela gol medal tasol bihain long wanpela bikpela gem long rijon olsem Pasifik Gems, bikos nau yet Tim Papua Niugini wok long go het yet long rekim ol gol na bungim olgeta medal.

Em i stap namba wan long leta.

Stat long de wan bilong ol gem long las wik Fraide i kam PNG tim i wok long winim ol medal long wanwan man na meri olsem long weiltifting we Dika Toua, pastaim wina bilong silva medal long weiltifting long Komonwel Gems na susa bilong en Thelma Toua, Ryan Pini, sempion man long winim swim resis, na tu long ol tim olsem basketbal, soka na tas ragbi i wok long kisim yet ol win long gol, silva na brons tu.

Em ol namba wan ples long gol, namba tu ples long kisim silva na namba tri ples, kisim brons.

Mak bilong ol medal long aste i sanap olsem, Papua Niugini yet i go pas wantaim 29 wina medal, 15 gol, 7 silva na 7 brons. Australia i kam long namba 2 wantaim 26 medal, 6-pela gol, 13 silva na 7-pela brons, na long namba tri ples em Nu Kaledonia na Fiji i stap long namba 3 wantaim 20 medal wantaim, Nu Kaledonai kisim 8-pela gol, 4-pela silva na 8-pela brons na Fiji kisim 4-pela gol, 9-pela silva na 7-pela brons. Samoa i kam namba 4 wantaim 18 medal olgeta, 8-pela gol, 10-pela silva na Tahiti i stap long namba 5 wantaim 11-pela medal, 5-pela gol, 4-pela silva na 2-pela brons medal.

I go moa long pes 2

Tim PNG pilai gut...

INSAIT:



NDB nidim K100m long Stret Pasin Stoa - P2

Ol Pasifik 2015 Gems eksen poto - P14,15



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NDB nidim K100m long Stret Pasin bisnis

Stanley Nondol i raitim

NESENEL Developmen Benk (NDB) i nidim K100 milien long gavman long sanapim 44-pela bisnis aninit long Stret Pasin Stoa long neks yia.

Menesing Dairekta bilong NDB Moses Liu i tok benk i stat long helpim ol liklik bisnisan na meri long PNG long ranim ol bisnis aninit long Stret Pasin Bisnis. Praim Minista Peter O'Neill bin opim dispela program long mun Mas 2014.

Namba wan stua aninit long Stret Pasin Stoa em long Hohola, NCD na namba tu long Goroka na asde Mista Liu na Minista bilong Tred Komes na Indastri Richard Maru, i opim namba tri stua long Pot Mosbi.

Mista Liu i tok ol stua we NDB i opim long Mosbi em i pailot projek o traim tasol na NBD i lukluk long kamapim tupela stua long wan wan provins long 2016. Dispela bai inap long 44-pela stua na i tok benk em i nidim mani inap long

mak bilong K100 milien i kam long gavman.

Asde long Pot Mosbi, Minista Maru na Mista Liu i opim nupela stua bilong salim ol klos aninit long Styel Street bren. Em i namba tu stua bilong salim ol klos bihain long stua long Goroka.

Minista Maru i tok strong long ol pablik olsem nau em i taim long ol pipel bilong Papua Niugini long wok strong na ranim ol bisnis long kantri.

Em i tok planti ol liklik stua long kantri olsem long Jackson ples balus, long Ela Beach na long planti hap long taun na siti i lukim ol Esia lain i ranim na mekim planti mani na ol pipel bilong PNG i kamap kastoma na salim smok na buai ausait.

Minista Maru i tok gavman i kamapim polisi na lo pinis long ol pipel bilong PNG yet bai ranim ol liklik bisnis. Em i singaut long ol pipel long stat wok strong nau na mekim bisnis na kisim ol helpim long NDB we gavman i putim mani pinis.

NDB i tok kost bilong kamapim bisnis em antap tumas long PNG olsem na em i wok long larim ol sitisen long rentim ol haus bilong wokim bisnis. Sapos dispela program i ran gut na ol menesa bilong stua i baim gut dinau bilong ol, bai benk i helpim ol long baim ol haus na propeti long ranim bisnis.

Minista Maru i tok aninit long Stret Pasin Stoa program, bai i no gat wanpela ausait bisnis lain i kamap patna o wok bung wantaim PNG. Em bai bilong ol PNG tasol i go pas long bisnis.

Style Street i statim wantaim K500,00 na i lukluk long mekim K2 milien long wan wan yia na profit long K200,000. Style Street bai bekim K500,000 i go bek long gavman na gavman bai helpim em long go.

Mista Maru i tok gavman bai putim moa mani long 2016 baset long helpim ol pipel long go insait long ol liklik o namel sais (SME) bisnis.

Minista Maru i opim StreetStyle stoa long Pot Mosbi.

AHC i opim NAIDOC

HAI Komisin bilong Australia (AHC) i opim Nesenel Aborijinis na Ailanas De Obsevens Komiti (NAIDOC) Wik long Mande, Julai 6 long Mosbi.

Oi i save selebretim dispela NAIDOC Wik long Australia long Julai long wanwan yia. Na em i sans bilong lukim histri, kalsa, na sasivmen bilong ol Aborijina na Tores Stret Ailan pipel.

Mis Tanisha Stanton i spot ambasada na memba bilong ragbi seven tim bilong ol meri i kam long Pasifik Gem na i stap long taim bilong opim NAIDOC.

Mis Stanton i nam-bawan pilaia bilong

etletik na em i amamas long kam long Pasifik Gems long nem bilong ol papa graun Australia.

"Mi bai pilai long PG bai strongim ol narapela wan lain bilong mi long pilai tu," Stanton i tok.

Hai Komisina bilong Australia long PNG, Misis Deborah Stokes, i tok, "NAIDOC Wik em i taim bilong tok tenkyu long ol papa graun atis, skola, spot manmeri, ol elda, komyuniti memba na ol narapela lain moa. Na tu, mipela i amamas long harim Tanisha bai tokaut long em i kamap pilaia bilong etletik.

"Australia gavman i givim inapt aim long ol

papa graun pipel long bihainim ol polisi na ol program long painim gutpela sindaun," Stokes i tok.

"Mipela i amamas long lukim ol wok ol i mekim long kamapim nem bilong Australia na tu long kisim biknem long wok bilong ol. Mipela i tok tenkyu long ol i givim planti samting i kam long kantri bilong yumi."

Het tok bilong NAIDOC long dispela yia em *"We all stand on Sacred Ground: Learn, Respect and celebrate,"* long lukim strong bilong spirit na kalsa i save bungim ol Abrojinia na ol Tores Stret ailan pipel.

15 Pasifik Gems kamapim nupela rekot

I kam long pes 2...

Ating dispela em i wanpela taim long histori bilong Papua Niugini we Tim PNG i brukim rekot stret long win.

Wanpela as long dispela em gavman i luksave moa long helpim ol spot man na meri long go kisim gutpela na strongpela trening long ovasis na tu, long awot prais sistem we gavman i stat long givim bikpela mani long ol husat i kisim gol (K20,000), silva (K10,000) na brons (K5,000) tu i soim bikpela luksave i kam long gavman na long pablik long PNG.

Gutpela bilong Gems i kamap long Mosbi siti em ol bikpela rot na liklik rot long siti i kamap klin na i gat oda long ol kar i ran i go i kam. Wok hat bilong ol NCDC was gad



Ryan Pini apim nem bilong PNG.

long ol bas stop na long ol pablik ples bilong bung i mekim ol pipel i lukautim gut pipia bilong ol na pasin bikhet i go daun long dispela taim.

Bikpela luksave i go long NCD Gavana wantaim Minista bilong Spot na 2015 Pasifik Gems na tu

long Gems Ogenaising Komiti long kamapim nambawan plen bilong lukautim siti bilong ol wantok long wansolwara inap long kam stap wantaim bel isi na amamas long ol wol klas fasiliti bilong spot bilong PNG.

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GG i go long Tonga

GAVANA Jenerel bilong, Gren Sif Sir Michael Ogio na Ledi Esmie Ogio i go long Tonga long las wik Tude.

Praim Minista bilong Tonga, Samiuela Akilisi Pohiva, i bungim tupela long taim ol i kamap long Tonga na i soim amamas bilong em long tupela, bikos tupela i tok orait long askim bilong ol long go stap long koronesen bilong King Tupou VI long Julai 4.

Praim Minista bilong Tonga i lukim olsem Papua Niugini i sanap strong long Pasifik Rijon na i stap paslain na i lidim long painim aut sampela hevi i wok long bagarapim Pasifik rijen.

Em i tok, Tonga na ol narapela Pasifik Ailan kantri i lukluk long PNG na Fiji tasol long lidasip na long kisim helpim long ikononik sait.

"Tonga i amamas long PNG long em i bin givim sampela mani long Tonga taim Tonga i gat nid, long sampela taim i go pinis," Pohiva i tok.

Gren Sif Sir Michael i tok, "PNG em i olsem bikipela brata long rijon, na em i amamas long helpim ol narapela Pasifik Ailan kantri na long soim gutpela rilesen insait long rijon na olgeta hap long wol."

Gavana Jenerel na Praim Minista bilong Tonga i toktok long bikipela wari long klaimet senis na ol Wes Papua i stap insait long Melanesia grup tasol ol narapela kantri i lukautim em.



Gavana Jenerel, Gren Sif Sir Michael na Ledi Esmie Ogio i go kamap long Tonga na bungim Praim Minista bilong Tonga na ol bikman bilong Kingdom bilong Tonga. Piksa: Gavman Haus

Trukai i sapotim PNG weitlifting

Philemon Tame i raitim

TRUKAI Industries i sapotim PNG Weitlifing Federesen (PNGWF).

Sels na Maketing Jenerel Menesa bilong Trukai Industries, Andrew Daubney, i givim ki bilong Fod Rensa kar i go long presiden bilong Federesen, Sir John Dawanicurra, na i tok, dispela kar bai stretim sampela wari we Federesen i save bungim long transpot.

"Mi bin harim olsem ol weitlifa na ol opisal bilong yumi i save painim taim long i go na i kam long Hai Pefomens Treening Senta (HPTC) na nau dispela kar bai mekim isi long ol.

"Treening em i namba wan samting long ol pilaia bilong yumi long etletik bai strongim na lukautim gut pefomens bilong ol insait long kompetisen bai kamap namel long PNG na long ol narapela kantri. Na dispela kar em bai helpim ol long ol bai go long trening long taim stret," Mista Daubney i tok.

Em i tok moa olsem, "Weitlifing gol medal wina bilong PNG, Dika Toua, i kisim wanpela skul klinik olsem em i wanpela hap bilong Talent Aidentifikesen Program. Na mi save olsem dispela em i wanpela salens long ol bai karim ol samting bilong trening i go long skul. Nau mi ting olsem dispela kar bai helpim Dika tu."

Kampani i bin glasim gen sponsasip bilong em long PNGWF wantaim bikipela mani na i givim ol trening na wokabout set i go long Osenia na Pasifik Gems skwad long dispela yia pinis.

Nau, dispela kar bai givim moa sapot we Trukai Industries i bin givim sapot pinis long PNGWF long dispela yia.

Trukai Industries i amamas olsem em i wanpela bikipela sponsa bilong PNGWF.

"Dispela taim i bin kisim planti namba wan gol medal pinis we nau tasol, Steven Kari na Dika Toua, i bin kisim long 2014 Glasgo Komonwelt Gems.



Piksa i soim long han kais i kam long han sut; Presiden bilong Federesen, Sir John Dawanicurra, Sels na Maketing Jenerel Menesa bilong Trukai Industries, Andrew Daubney wantaim wokman bilong PNGWF.

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Minista Abel i askim ol pipel long wok wantaim gavman

KONSALTETIV na Implimentesen na Monitoring Kaunsil (CIMC) i holim Nesenel Developmen Rijnel forum long Holide Inn long toktok long ol developmen polisi namel long gavman, ol praivet sekta na Non-Gavman Ogenaisesen, ol sios na pablik.

Minista bilong Plening na Monitoring Charles Abel i toktok moa long ol bikpela samting long komyunikesen namel long gavman na ol pipel.

Em i tok i bikpela samting long ol pipel long komyuniket wantaim gavman.

“Wok bilong CIMC long sivil sosaiti em long givim long ol pipel bilong Papua Niugini na luksave olsem ol i save gut long ol polisi i kamap, em long wanem, na bai kamap long ol olsem wanem.”

“Dispela proses o rot em i bikpela samting,” Minista Abel i tok.

Mista Abel i tok em i bikpela samting long gavman i mas lukluk long ol toktok bilong ol pablik.

“CIMC na ol narapela olsem media i save mekim bikpela wok long holim gavman long ol eksen na ol disisen bilong ol,” Abel i tok.

Eksekutiv Opisa bilong CIMC, Wallis Yakam, i tok tenkyu long Minista bilong Nesenel Plening na Monitoring, Charles Abel, long stap insait long forum na long sapot bilong em.

“Gavman i go het long sapotim CIMC long planti rot. Em i bikpela samting long go het long holim dispela toktok namel long gavman na ol pipel,” Mis Yakam i tok.

Em i tok olsem CIMC i go pas long ogenaisim Nesenel Rijnol Developmen Forum olgeta yia aninit long Siaman bilong Minista bilong Nesenel Plening, Charles Abel.



Minista bilong Nesenel Plening, Charles Abel i toktok long Nesenel Rijnol Developmen Forum.

Sapotim ol PNG pilaia long holide – Dokta Kombra

TEM 2 holide i kamap long wankain taim bilong namba 15 Pasifik Gems long Pot Mosbi. Holide bilong Tem 2 aninit long Nesenel Edukesen Sistem bilong ol skul na institusen i stat long Mande Julai 6 na bai pinis long Fraide Julai 17.

“Dispela em ol bikpela de i stap long anuel edukesen kalenda long wanem ol het tisa, ol prinsipel na ol menesa bai mas bihainim ol dispela de tasol sapos ol i gat insevis o ol narapela bikpela ektiviti bilong ol tisa,” Ekting Seketeri Dokta Uke Kombra i tok.

Dokta Kombra i tok ol skul long NCD i bin pas hariap long Jun 30 bikos long ol insevis trening woksop na tu planti sumatin i kamap volantia long taim bilong Pasifik Gems.

“Mi laik tok save long ol sumatin long lukautim ol yet na harim tok bilong

papamama na ol waslain long taim bilong holide. Sapos yu no inap lukim ol pilai na sapotim ol kantri man na meri, yupela mas yusim taim bilong yupela gut na mekim ol asainmen na homwok bikos ol tisa mas givim yupela planti wok,” Dokta Uke i tok.

Dokta Uke i tok Tem 3 bai stat long Mande, Julai 20. Em i tok moa olsem Tem 3 bai gat 9-pela wik tasol na bai gat sampela ol bikpela de na iven long Tem 3 olsem, Riten Ekspresen eksam bilong Gret 12 long Ogas 10, Nesenel Buk Wik long Ogas 3 inap 7, Nesenel Litresi Wik long Septemba 7 inap 11 na Nesenel Rimembrens De long Julai 23.

“Mi laik ol sumatin na tisa i mas gat seif na gutpela holide. Mi tok amamas tu husat bai i pilai long 15 Pasifik Gems long win. Go Tim PNG,” Dokta Kombra i tok.



Dipatmen bilong Transpot
Opis bilong Seketeri
PABLIK TOK SAVE

Tok save i kam long Dipatmen bilong Transpot i go long ol Pablik Moto Kar Opereta (PMV) na ol pipel i raun insait long Nesenel Kepital Distrik.

Dispela Pablik Tok save i kamap bilong “TOK AUT” long olgeta papa bilong ol PMV bas i save ran insait long Nesenel Kepital Distrik (NCD) long wanpela wansait pasin i wok long kamap long ol pipel husat i wok long raun i go i kam long siti.

I luk olsem, ol papa bilong ol PMV bas i wok long brukim ol lo bilong laisens bilong ol we i stap aninit long Seksen 29 (1) bilong Moto Trefik Ekt na Regulesen Sapta 243. Bihainim Seksen 29 (1) bilong Moto Trefik Ekt na Regulesen Sapta 243, Dipatmen bilong Transpot wantaim wok bilong Nesenel Len Transpot Bot (husat i gat atoriti long givim laisens) i save givimaut PMV laisens long ol opereta long wok long haia na kisim pe long ran long ol rot bilong ol yet insait long NCD.

Em i kamap klia tu olsem i gat pasin bilong brukim lo bilong ranim PMV i go bikpela moa namel long ol papa bilong PMV kampani long ol dispela eria:

Sasim bikpela bas fi ausait long tok orait bilong ol Ol PMV o bas i no save pinisim ran bilong ol long rot ol i makim.

Ran long Haia na kisim mani long ran long rot ino bilong ol.

Kisim pasindia winim namba mak bilong ol bas Stopim ol PMV bas long ol hap i no bilong stop na long Pikap bas i save kamapim hevi long olgeta narapela lain i ranim kar long rot.

Moa luksave i mas go long Hap i bilong ol toktok mipela i

mekim antap bikos long 15 Pasifik Gems 2015 we bai stat long Julai 4, 2015. Bihainim toktok bilong Seksen 21 (2) (a) na (d) bilong Prais Regulesen Ekt Sapta 320, mak bilong fi bilong wanpela PMV ran we Indipenden Konsuma Kompetisen Komisen (ICCC) i tok orait long en olsem i stap long Nesenel Geset No. G34 bilong Trinde Janueri 21 2015, i tok K0.90 toea bilong bikpela manmeri. Fi bilong ol sumatin inap long gret 1 em K0.40 toea na fi bilong ol sumatin long gret 11 i go long ol teseri institusen em K0.60 toea wantaim student ID kat.

ICCC i sapotim dispela tok save pepa na hia ol PMV opereta i mas save olsem ol i putim ol yet long trabel bilong kot sapos mipela kisim ripot long ol i wok long sasim bikpela PMV fi long ol pablik. ICCC i laikim ol geta pablik long baim fi long mak mipela kolim long antap na ripot long ol husat PMV laik sasim moa. Dipatmen bilong Transpot em i go pas long ol edministresen lo bilong Moto Trefik Ekt na Regulesen Sapta 243 wantaim ol moto trefik enjensi bilong strongim dispela na ol bai tanim dispela ol sas bilong PMV fi we i stap ausait long mak ICCC i makim na ol narapela trefik lo ol i brukim long taim bilong Pasifik Gems.

Moa long dispela, Dipatmen wantaim ol stekholda bilong en, nau i wok long strongim ol wok bilong en long kamapim moa seif, na gutpela pablik transpot sistem ino dia tumas long taim bilong SP Gems na wankain singaut i go long olgeta pablik manmeri, ol pasindia na ol lain i raun i go i kam wantaim ol stekholda long wok bung long dispela na ripot

long wanem kain pasin ol PMV bas i wok long brukim lo bilong PMV laisens, i go long Seketeri na Suprintenden bilong Moto Trefik. Toktok long wanpela bilong ol dispela opisa:

1. Mista Nelson Lari
Fes Asisten Seketeri – 70306327
2. Mista Maleva Hitolo
Asisten Seketeri (RTIB) – 70319392
3. Mista Herman Wakia
a/Asisten Seketeri (RSTM) – 76400947
4. Indipenden Konsiuma na Kompetisen Komisen (ICCC) – 325 2144 (Het Opis)
Mis Taras Garap
Ligal Opisa (Konsiuma Proteksen Divisen)

Olgeta papa bilong PMV i mas harim tok na bihainim lo bilong PMV Omnibus laisens na sapos ol i no bihainim ol dispela toktok bai ol i sanap long kot na tu bai mipela rausim laisens bilong PMV long ol.

Tok Orait i kam long:
Mista Roy Mumu OBE
Seketeri bilong Transpot na Suprintenden bilong Moto Trefik

Heart Disease and Women

You may be surprised to learn that **Cardiovascular disease (CVD) – heart attack and stroke – in fact is the biggest killer of women globally, killing more women than all cancers, tuberculosis, HIV/AIDS and malaria combined. As Dr. OP Sharma of PIH emphasized recently:**

"Many women don't realize that heart disease has been increasing the number of fatalities in the population. Furthermore, heart disease observed in women is not quite the same as heart disease in men and requires different line of treatment."

Not only is heart disease very common in women, but also, when women get heart disease it often acts quite differently than it does in men.

Accurate statistics of what might have been preventable would be hard to come by, as this would include how many women complaining of chest pains are sent home from ERs with their symptoms relegated to mean other, more minor, conditions like heart burn or gall bladder pain.

But what we do know is that heart disease and stroke cause 8.6 million deaths among women annually, a third of all deaths in women worldwide, and a figure greater than PNG's population. Of this:

3.4 million women die of ischemic heart disease

3 million women die from stroke each year

Remainder 2.2 million women die primarily of rheumatic heart disease, hypertensive heart disease, and inflammatory heart disease

Women in low- and middle-income countries who develop CVD are more likely to die from it than comparable women in industrialized nations

Not just a man's disease

Women in low- and middle-income countries fare worse than men, experiencing a higher proportion of CVD deaths than men

Women with diabetes have higher CVD mortality rates than men with diabetes

Younger women who have a



The Cath Lab at the new PIH is where angiograms and angioplasty may be done, to diagnose and treat cardiac concerns.

heart attack have higher mortality than men of the same age

Women are more likely than men to become more disabled by stroke. Immediately following stroke, women are more likely to experience serious problems compared to men

Risk Factors

Risk factors for heart disease and stroke are largely similar for men and women. But, our very own Dr. OP Sharma, Medical Director and chief cardio-thoracic and vascular surgeon of PIH, adds that "The risk in women is also higher due to the size of the heart arteries as they have smaller sized heart arteries as compared to men."

Factors such as age and family history play a role, but it is estimated that the majority of CVD deaths are due to modifiable risk factors such as smoking, high cholesterol, unhealthy diet, high blood pressure, obesity, or diabetes

A woman who is obese, even if physically active, increases her risk of coronary heart disease by 2.48 times, compared to a woman of normal weight

Women who engage in physical

activity for less than an hour per week have 1.48 times the risk of developing coronary heart disease, compared to women who do more than three hours of physical activity per week

Women who smoke double the risk of stroke. The more cigarettes smoked, the higher the risk

Exposure to second-hand smoke (being around a smoker) increases the risk of dying from heart disease by 15 per cent in women

Women with high blood pressure have 3.5 times the risk of developing coronary heart disease (CHD) compared to women with normal blood pressure.

Dr. Sharma of PIH adds that **"Now it is no more a disease of post-menopausal women because of change in life-style, smoking, stress of job along with other factors which are included."**

Symptoms

Women don't always get the same classic heart attack symptoms as men, such as crushing chest pain that radiates down the left arm. When a heart attack strikes, it doesn't always feel the same in women as it does in men. Many experience vague or even

"silent" symptoms that they may miss.

These six heart attack symptoms are common in women:

Chest pain or discomfort.

Chest pain is the most common heart attack symptom, but some women may experience it differently than men. It may feel like a squeezing or fullness, and the pain can be anywhere in the chest, not just on the left side. It's usually "truly uncomfortable" during a heart attack, says cardiologist Rita Redberg, MD, director of Women's Cardiovascular Services at the University of California, San Francisco. "It feels like a vise being tightened."

Pain in your arm(s), back, neck, or jaw.

This type of pain is more common in women than in men. It may confuse women who expect their pain to be focused on their chest and left arm, not their back or jaw. The pain can be gradual or sudden, and it may wax and wane before becoming intense. If you're asleep, it may wake you up. You should report any "not typical or unexplained" symptoms in any part of your body above your waist to your doctor or other health care provider, says cardiologist C.

Noel Bairey Merz, MD, director of the Barbra Streisand Women's Heart Center at Cedars-Sinai Medical Center in Los Angeles.

Stomach pain. Sometimes people mistake stomach pain that signals a heart attack with heartburn, the flu, or a stomach ulcer. Other times, women experience severe abdominal pressure that feels like an elephant sitting on your stomach, says cardiologist Nieca Goldberg, MD, medical director of the Joan H. Tisch Center for Women's Health at NYU Langone Medical Center in New York.

Shortness of breath, nausea, or lightheadedness. If you're having trouble breathing for no apparent reason, you could be having a heart attack, especially if you're

also having one or more other symptoms. "It can feel like you have run a marathon, but you didn't make a move," Goldberg says.

Sweating.

Breaking out in a nervous, cold sweat is common among women who are having a heart attack. It will feel more like stress-related sweating than perspiration from exercising or spending time outside in the heat. "Get it checked out" if you don't typically sweat like that and there is no other reason for it, such as heat or hot flashes, Bairey Merz says.

Rheumatic Heart Disease

Rheumatic fever is quite common in PNG and causes valvular heart disease in young people. Untreated Childhood or adult infections lead to infection in the valve leaflets of the heart and cause malfunction of the heart's normal pumping action. This leads to heart failure and can be fatal. Young women often present with low exercise tolerance, feeling tired or swelling in the legs and are not aware of their underlying faulty heart valve.

All in all, heart disease is quite common in Papua New Guinea because of number of factors which include Diabetes (high blood sugar), Hypertension (high blood pressure), high carbohydrate and fat rich diet and lack of exercise.

It is vital that women be aware of their risk and the symptoms of heart disease.

Good news is that since introduction of PNG'S first tertiary level Heart centre in February 2015 at the new PIH, angiograms and angioplasty and open heart surgeries are now being done regularly in PNG.

There have already been four coronary artery bypass graft surgeries, and all successful. In all cases, the patients were men. And since then, over 50 angiograms have been done to diagnose how the heart performs.

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Nesenel Plening Minista Ionsim MDTP2

Frieda Sila Kana i raitim

MTDP2 – PNG EM Mi Yah! Kempein bilong awenes na edukesen i bin stat long Laguna Hotel long Fonde 28 Jun.

MTDP2 o Midium Tem Developmen Plan 2 em i bikipela plen bilong gavman we bai kisim ples bilong olpela MTDP nau i pinis long dispela yia. MTDP2 em i bikipela plen bilong gavman bai karim ol wok developmen wantaim tingting bilong Risponsibel, Sastenebel developmen bilong go inap long narapela 20 moa yia long kisim tingting bilong Visen 20150 bilong gavman.

MTDP2 o PNGStaRS, PNG Em Mi Yah! Bai lukluk moa long human developmen long developim ol pipel. Olsem na populesen menesmen em i wanpela bikipela asenda insait long dispela plen.

Seketeri bilong Dipatmen bilong Nesenel Plening na Monitar-ing Mis Harry i bin tok olsem Papua Niugini i stap long daun-bilo mak tru bilong Human Developmen Indeks, long mak bilong 150 bilong 187 kantri.

“Wantaim dispela MTDP2 mipela laikim Papua Niugini bai



Minista Charles Abel na Mis Hakula Harry, Seketeri bilong Dipatmen bilong Nesenel Plening na Monitar-ing i kisim nupela plen i kam long han bilong ol yangpela pikinini bilas Simbu. Poto: Nicky Bernard

go antap na stap namel long 50 top kantri long wol we ol wok bilong plening em i stap insait long lo bilong kantri. Dispela plen bai

bungim plen bilong baset bilong wan wan yia i go insait long 2050 plen,” Mis Harry i tok.

Minista Charles Abel i tok,

“Mipela i laik wokim wanpela rot bilong developmen we i stap ples klia long wokim, lukluk bek gen long en na wokim gen! StaRS em

i tok long Risponsibel Eksen. Em i toktok long plenim gut ol namba bilong pikinini ol man na meri i mas gat. Yu mas karim pikinini inap long yu lukautim long skul fi, haus sik fi, kaikai na klos olsem.”

Long makim ol sentral ejensi bilong gavman, Dipatmen Seketeri bilong Forestri, Mista Vele i bin toktok long PNG i gat bikipela bus i stap yet na mipela i mas lukautim gut.

Edministreta bilong Jiwaka, i bin makim ol provinses long taim bilong autim plen na Richard Kassman i makim praivet sekta. Long makim ol developmen patna, Roy Trivedy bilong Yunaitet Nesen i tok tenkyu long dipatmen long kamap wantaim MTDP2.

“Em i no toktok bilong gavman tasol, em i toktok long olgeta sitisen olsem na ol developmen patna i mas sanap baksait long dispela plen na mekim ol wok wantaim bilong bringim gutpela developmen,” Mista Trivedy i tok.

Selebresen bilong opim Medium Tem Developmen Plan 2 i bin pinis wantaim wanpela prea na benediksen i kam long olpela Modereta bilong Yunaitet Sios, Rev. Sir Samson Lowa wantaim toktok i kam long Buk Song 100.

Mi bilong Papua Niugini em i minim wanem samting?

“Ples bilong yumi em i wanpela narapela kain kantri stret insait long dispela graun.

Yumi olgeta i gat wok long mekim na bai PNG i kamap wanpela nambawan kantri long dispela graun.”

Yumi mas holim pas long ol gutpela tingting yumi olgeta i gat bilong kirapim wanem kain kantri yumi laikim – olgeta bung wantaim!



“PNG... EM MI YAH!”

Nesenel Strateji bilong Risponsibel Sastenebol Developmen

www.PNGStaRS.org • Department of National Planning and Monitoring

Liklik Gems i kamap long Tabubil

BIKPELA intres long bihainim 2015 Pasifik Gems i soim senis i kamap long tupela de liklik Gems program long Tabubil insait long Westen Provins.

Ok Tedi Maining (OTML) i kamapim dispela liklik Gems bilong ol pikinini long ol praimer skul long Tabubil komyuniti na ol viles long hap we ol i stap long holide long amamas wantaim spirit bilong 2015 Pasifik Gems.

OTML i go pas long dispela liklik pilai olsem hap bilong Pasifik Gems selebresen wantaim ol aktiviti.

Olsem 100 pikinini i stap insait long ol etlik iven long Tunde na ol gem bilong pilai wantaim bal olsem futbol, tanel bal na soka long Trinde.

Long ol etlit iven, ol pikinini aninit long 7 na 17 krismas ol i putim ol long ol grup na ol nesanel kantri olsem PNG, Solomon Ailan, Fiji na Vanuatu.

Kompetisen i stap insait long junia meri na mangi long krismas 7 inap 10, ol mangi na meri long 11 inap 13 krismas, na ol bikpela mangi na meri long 14 inap 17 krismas.

Ol i resis long sprin olsem long 400 mita, 200 mita, 100 mita, 75 mita na 50 mita bilong ol yangpela pilai. Ol i pilai rilei long 100mita na 200 mita.



Ol i soim bikpela pasin bilong pilai long liklik pilai na strongpela resis stret. Long bihain 2015 Pasifik Gems, ol i no tokaut long wina bi-

long ol resis long taim pilai i pinis. Ol i mekim wangepela medol sere- moni na husat pilai i kisim medol long hatwok bilong en.

Ol mangi i resis long 100 mita rilei.



Papua Niugini NESENEL AIDENTITI PROJEK



Oi emu namo totona, Nesinol ID kadi oi abia



**Edukesen/
Sikuli**

- ▶ Oi emu natuna sikuli lalonai atoa vareai dalana be do ia auka lasi.
- ▶ Gavamani ese oi emu sikuli davana do ia karaia.

**“Oi rejista hari
bona oi noho lalonai”**

Nesenal Plening Dipatment
ese hereva ia mailaia



Air Niugini i holim ASPA konprens

AIR Niugini i holim namba 62 yia konprens bilong Asosiesen ov Saut Pasifik Ealains (ASPA) long Kokopo, Is Nu Briten long las wik.

Bod Siaman bilong Air Niugini, Sir Frederick Reiher, i opim miting long Trinde Julai 1 we ol Sif Eksektiv Opisa, Menesing Dairekta na ol narapela senia representetiv bilong ol ealain indastri i bin stap.

Mista Reiher i tok, Praim Minista na Nesenel Gavman i sapotim, Air Niugini long dispela miting long strongim wok lida insait long aviesen na transpot insait long Pasifik Rijon.

“Air Niugini i lukluk long painim wanpela namel hap bilong kamapim Jacksons ples balus i go bikpela na bai kamap mausrot bilong olgeta Pasifik kantri i go insait long bikpela maket long Saut Is Esia, Esia na olgeta hap bilong wol. “Bikpela milien kina bilong stretim

Jacksons ples balus bai mekim ol manmeri husat i kam long PNG na husat lain i stap long ples balus na laik senisim ran bilong ol bai amamas, taim ol bai lukim dispela nupela kala bilong ples balus,” Reiher i tok.

Em i tok moa olsem, bikpela tok orait namel long Air Niugini, Air Vanuatu na Solomon Airlines i statim sevis long Pot Vila long las wik bai gat bikpela helpim long ol pablik manmeri long mekim isi long kago na ol narapela samting moa.

Air Niugini i amamas long karim dispela sevis long olgeta hap insait long Pasifik.

“Air Niugini i mekim wanpela bikpela wok long karim ol 3000 pilai bilong ol 24 Pasifik Ailan kantri na ol tim opisa i kam long Mosbi, bikos ol i makim Air Niugini long mekim dispela wok, na tu em i patna bilong ASPA,” Reiher i tok.



Ol manmeri husat i stap insait long ASPA konprens long Kokopo.

Nupela siamen bilong ASPA

SIF Eksektiv Opisa bilong Air Niugini, Simon Foo, i kamap nupela siamen bilong Asosiesen ov Saut Pasifik Ealains (ASPA). Ol i makim em long namba 33 Anuel Jeneral Miting (AGM) long Kokopo, Is Nu Briten las wik.

Foo i kisim ples bilong Didier Taperro long Nu Kaledonia, husat i CEO bilong Air Calin, na i bin holim dispela wok inap long 6-pela yia.

Ol i kamapim ASPA wantaim ol Sif Eksektiv Opisa, Menesing Dairekta na ol senia representetiv long olgeta ealain insait long Saut Pasifik. Simon Foo i makim Air Niugini na i stap insait long namba wan toktok ol i mekim wantaim ol narapela Pasifik Ailan ealain eksektiv long Fiji long 1979.

“Mi amamas long ol i makim mi long wok paslain long ASPA insait long 12-pela mun olsem siaman. Mi bai traim long mekim wok we ol narapela man i wok pinis long dispela ples insait long 30 yia i go pinis,” Mista Foo i tok.

Em i tok moa olsem, “Mi i amamas tu long lukim wanpela bikpela senis i kamap long ASPA, na namba wan samting



Nupela Siamen bilong ASPA, Simon Foo i sanap long han kais wantaim Seketeri Jeneral bilong ASPA, George Faktaufon, husat i sanap long hansut.

em ASPA i karim kaikai long planti samting aninit long ol plen mipela i bin mekim aninit long sata.”

Namba wan wok bilong ASPA em bilong toktok long olgeta hevi na wari ol lain i save bungim long wokabaut raun. Na tu, bilong mekim isi long ol turis i ken i go na i kam insait long Pasifik rijon yet.

Bod Siaman bilong Air Niugini, Sir Fredrik Reiher, i amamas na tok tenkyu long ol i

makim Mista Foo. Em i tok olsem, Foo i karim lidasip bilong ASPA insait long 40 yia long ealain indastri na hap bilong turis.

“Ol i makim Foo long taim i gat planti salens long ealain indastri,” Reiher i tok.

Em i tok moa olsem, “Foo i stap olsem bod dairekta na namba tu siaman bilong Air Niugini insait long 9-pela yia long lain, bihain long ol i makim em CEO.”

OTML i opim 2015 Provinsal De

OK Tedi Mining Limited (OTML) em i namba wan sponsa bilong 2015 Pasifik Gems (PG) na i opim Provinsal Selebresen Sait (PCS) long Tabubil long wankain taim we Prins Andrew i bin opim PG long Mosbi long Julai 4, 2015.

Menesing Dairekta bilong OTML, Peter Graham, husat i Sif Eksektiv Opisa tu long OTML i opim PCS long ai bilong planti manmeri.

Mista Graham i tok, ol pablik bai gat sans long lukim Pasifik Gems (PG) tu na sapotim Tim PNG.

“I no olgeta lain bai go long Mosbi long lukim ol pilai, na long dispela as tasol mipela i karim gem i kam klostu long haus dua na ol i ken lukim long PCS,” Graham i tok.

Em i tok moa olsem, OTML i wanpela sponsa bilong dispela gem tu, em i hostim trening kemp bilong PNG Boksen Tim long Tabubil long foapela hap we tim i yusim ol nupela trening fasiliti.

“Sapot bilong OTML i go long PNG i hostim 2015 PG, na i redim ol pilai bi-

long etletik long PNG.

“Na tu, mipela i ken helpim ol PNG husat i save gut long pilai i ken pilai moa.

“Ol wan wan yangpela papa graun long Westen Provins i pilai nau long PG em i risalt bilong OTML i sponsa na em i namba wan taim long laiptaim bilong ol,” Graham i tok.

Em i tok moa olsem, “I no long 2015 PG tasol, nogat. Long las tenpela yia i go pinis, OTML i bin sapotim PNG Spot Faundesen na Olimpik Komiti long 2003 Saut Pasifik Gems i bin kamap long Fiji, Olimpik Gems i kamap long Atens long 2004, Mini Pasifik Gems i kamap long Palau long 2005, Beijing Olimpik i kamap long 2008 na London Olimpik i kamap long 2012.”

Na tu, OTML em i brons sponsa bilong PNG Kumuls long 2008 Wol Kap kempein.

Ol pipel bilong Tabubil komyuniti i amamas long lukim wan wan gem insait long Tabubil indo stedium.

Fiutsa olimpik medolist bilong yumi..

Liklik mini gems i kamap long OK Tedi na hia sampela ol pikinini i kisim medol long Suprintenden bilong ol Employi Helt na Welnes, Nathan Poldervaart long taim ol i resis long ol yet.



Menesing Dairekta na Sif Eksektiv Opisa bilong OTML Peter Graham i toktok long taim bilong Provinsal Selebresen Sait bilong 2015 Pasifik Gems long Tabubil.

Strongpela win na ren bagarapim Bogenvil

Eleanor Maineke i raitim

BOGENVIL i wok long bungim bikpela hevi long bikpela ren na ol strongpela win i wok long hamarim olgeta hap bi-long ailan.

Insait long Panguna Distrik long Sentrel Bogenvil, ol pipel i wok long stap insait long bikpela hevi tumas.

Dispela bikpela win na ren i bagarapim ol gaden na kes krop bilong ol pipol.

Win i pundaunim pinis planti ol kakao diwai, na ol arapela moa i go daun long graun.

Wanpela bikpela hevi tu em graun i bruk na blokim rot we ol manmeri bilong Siwai na Nagovis i save bihainim i go na i kam long Arawa.

Dispela graun bruk em i bikpela tumas antap long Maunten Pakia long Panguna.

Long dispela taim, ol bisnis manmeri bilong Nagovis na Siwai i no moa kam long Arawa.

Tu, ol manmeri husat i save mekim ol PMV ran bilong ol tu i no moa mekim ol ran.

Sampela ol piksa hia i soim bagarap i stap long Parakake ples long Panguna Distrik insait long Sentrel Bogenvil.



Em ol banana diwai we strongpla win i daunim ol i go daun long graun.



Ol i krosim wara i tait ..



Ol Pikinini i kisim klinpla wara long krik na karim bikos graun buruk i mekim bikpla wara i deti..

Bogenvil kisim hevi long Saiklon Raquel

...Kam olsem long Solomon Ailan

SAIKLON Raquel long Solomon Ailans i wok long kamapim hevi na bagarap tu long Atonomas Rijon bilong Bogenvil long dispela taim.

Ol ripot i kam long planti hap bilong Bogenvil i tok tupela wik nau na bikpela ren i no stop na i pundaun yet wantaim ol strongpela win i bagarapim ol gaden kaikai na sindaun na stap bilong ol pipel.

Ol ripot i tok taitwara namel long Arawa, Panguna na Bana,

Siwai na Buin, 5-pela kar i bungim bikpela bagarap long taitwara.

Long wankain taim, ol disasta otoriti long Solomon Ailan i wok long wari tru long Saiklon Raquel we i stap long not long kantri na i wok long go strong moa.

Ekting Dairekta bilong Nesenel Disasta opis, George Baragamu i tok taim na rot dispela saiklon i bihainim i mekim ol i tingim Saiklon Namu long

Me 1986.

Saiklon Namu i bin kilim dai 150 pipel, na tait wara i karamapim samting olsem 75 pesen long Guadalcanal ailan.

Mista Baragamu i tok NDO i statim pinis ol wok redi bilong ol hevi we dispela saiklon i kamapim i go het long givim aut ol tok lukaut long ol pipel long olgeta hap bilong kantri.

Haiwara long strit bilong Solomons taim saiklon i bagarapim ailand.



Meri Kirapim Bisnis Ekspo 2015

Frieda Sila Kana i raitim

FAUNDA bilong Wimen long Bisnis na Komisina makim ol meri long Nesenel Kepital Distrik Komisen, Janet Sape i bin amamas tru long kamap bilong ol meri long namba 2 Meri Bisnis Ekspo long Julai 2, 2015 we i bin kamap tupela de tasol pastaim long stat bilong ol 2015 Pasifik Gems, long Nesenel Kepital Distrik.

Ol meri i kamap wantaim bikpela toktok, "Kirapim Meri long Bisnis, Kirapim Kantri" na ol i putim moa long 400 liklik haus long soim na salim ol samting ol yet i save wokim bilong kamapim mani. Ol meri i kamap long olgeta hap bilong kantri na bung wantaim ol meri long Nesenel Kepital Distrik wantaim ol kain kain stail samting olsem ol klos, bilum, kaikai, hendikraf na tu, ol meri bisnis yet i givim han long redim dispela kibung.

Wanpela meri kampani bilong lukautim ol pik long 17 Mail ausait tasol long Pot Mosbi siti i bin donetim tupela bikpela pik long tok tenkyu long Praim Minista Peter O'Neill na Gavana Powes Parkop.

Ol meri long bisnis yet aninit long kampani 'Next of Kin' i redim stes bilong ol opisal i sanap na mekim toktok.

Ol meri yet tu i wokim disain bilong ol kainkain klos we ol UPNG sumatin i bin wokim model long ol kain kain dres long dispela taim.

Misis Sape i tok amamas long Digicel olsem namba wan sponsa bilong dispela ekspo na tu long ol narapela bikpela sponsa olsem ExxonMobil na tu long NCD



Misis Janet Sape wantaim Praim Minista Peter O'Neill, Gavana Powes Parkop, Gavana bilong Enga, Gren Sif, Sir Peter Ipatas, Seketeri bilong Dipatmen bilong Komyuniti Developmen, Meri Yut na Sios, Anna Solomon, Minista bilong Pablik Sevis, Sir Puka Temu sanap long taim bilong singim PNG nesenel antem long taim bilong opim Meri long Bisnis Ekspo. *Poto: Nicky Bernard*

Gavana, Powes Parkop na Praim Minista, Peter O'Neill.

Mista O'Neill i tok, ol meri stap na olgeta man i kamap na stap olsem na ol meri askim long samting em bai gavman i no inap long tok no gat.

Olsem na Mista O'Neill i makim long givim K300,000 i go long ol meri long dispela taim long ranim ol ekspo edministresen bilong ol.

"Driman bilong yu, Praim Minista, em i driman bilong mipela ol mama na ol yangpela meri. Mipela ol meri strongim tok bilong Spika bilong Palamen olsem, yu bai wanpela Praim Minista we nem bilong yu bai go daun long histori buk olsem, 'Man bilong kamapim bikpela senis long kantri,'" Misis Sape i tok.

Dispela ekspo i gat ol meri kam long Solomon Ailans na long Jayapura tu i putim ol haus maket insait long Konstitusenal pak long yusim dispela taim bilong Pasifik Gems long soim stail bilong ol na mekim mani tu.



Wanpela yangpela meri sumatin bilong UPNG soim billum bilas bilong Josephine bilong Goroka. *Poto: Nicky Bernard*



Yut, Meri na Famili
Pastor
Barbara Lunge

Ol kalabus i go fri

OL kalabus bai go fri. Plen bilong God long Israel bihain long 70 yia bilong kalabus em i pinis nau na em bai mekim save long ol lain Babylonia husat i bin holim ol Israel long kalabus na bagarapim ol.

Israel i bin stap long kalabus bilong wanem ol i bin sakim tok bilong God na brukim lo bilong em long taim ol i aigris long ol samting bilong graun na ol doti pasin bilong em. Babylonia tu nau i stap long kot bikos long gridi pasin bilong em long we bilong ol sampela i gat moa mani na samting na ol narapela i no gat samting olgeta.

Israel i stap long kalabus long 70 yia bilong en bai pinis long Septemba 2015. "As bilong dispela tok mi Bikpela, mi givim long yupela, em i olsem. Mi makim pinis 70 yia bilong Babilon i stap gut.

Na bihain long dispela, bai Babilon i bagarap, na long dispela taim bai mi tingim yupela na bringim yupela i kam bek long Jerusalem, bilong inapim promis bilong mi. Mi Bikpela, mi tingim pinis ol samting mi laik mekim bilong helpim yupela.

Mi laik mekim gut long yupela. Mi no laik mekim nogut long yupela. Yupela i tingim ol dispela samting mi laik mekim, na yupela i ken wetim dispela taim i kamap. Long dispela taim bai yupela i kam klostu long mi na singaut long mi na beten long mi, na bai mi harim beten bilong yupela.

Long dispela taim bai yupela i kam klostu long mi na singaut long mi na beten long mi, na bai mi harim beten bilong yupela. Long dispela taim bai laik bilong yupela na tingting bilong yupela i strong tru long painim mi.

Olsem na bai yupela inap painim mi. Olsem na bai yupela inap I kam klostu long mi. Mi Bikpela, mi tok stret, bai mi larim yupela i kam klostu long mi. Na bai mi mekim yupela i stap gut gen.

Na bai mi kisim yupela long olgeta hap na long olgeta kantri mi bin rausim yupela i go long en. Na bai mi bringim yupela i kam bek long dispela ples bipo yupela i bin i stap long en. Jeremaia 29:10-14

Blesing bilong God i stap wantaim ol promis pipel bilong en. Buk Stat 1 7:3-8 "Orait Abram i brukim skru na putim pes i go daun long graun. Na God i tokim em olsem, "Bai mi mekim dispela kontrak wantaim yu. Bai yu kamap tumbuna bilong planti lain manmeri.

Nem bilong yu nau i no moa Abram. Nogat. Nem bilong yu nau, em Abraham, long wanem, mi mekim yu i kamap tumbuna bilong planti lain manmeri. Bai mi mekim ol lain pikinini bilong yu i kamap planti moa, na sampela bai i kamap king.

Bai mi mekim kontrak wantaim yu na wantaim ol lain pikinini bilong yu i kamap bihain, na dispela kontrak bai i stap oltaim, oltaim.

Dispela kontrak i olsem. Bai mi stap God bilong yu, na bai mi stap God bilong ol lain pikinini bilong yu tu. Dispela graun Kenan nau yu stap long en, em i graun bilong ol arapela lain. Tasol bai mi givim dispela olgeta graun long yu na long ol lain pikinini bilong yu i kamap bihain... Na bai mi stap God bilong ol lain pikinini bilong yu."

Em long bilip tasol yumi ol haiden Kristen nesen na ol wan wan lain i save kisim blessing. Olsem na ol pipel bilong Papua Niugini, yumi olsem promis nesen nau i stap long sait bilong kisim blessing. Ol blesing bilong kirapim kingdom bilong God.

I gat belhat bilong God na kot bilong em i stap long Babylonia. Em i toktok long sistem bilong wol tude i bosim ikononik, political, edukesenal, sosol na relijes sistem.

Kamapim Tokhait 18:2-3 Tasol God Bikpela i tingim ol sin em i mekim long ol pipel bilong em na em i kamap-saitim belhat bilong em antap long sistem no gut bilong graun.

I gat senis nau i wok long kamap wantaim wol sistem i senis i go long kingdom bilong God.

Pinis.

Toksave: Ol mama i gat wari, tingting planti, bel hevi yu mas kontekim mi na bai mi helpim yu. Kisim mi long dispela adres na fon namba. Barbara Lunge, ROGIM, P.O. Box 3063. Boroko. NCD. PNG, o ring long 70995378 o salim email long: lungeb37@gmail.com

Wol Populesen De bai autim ol hevi bilong ol meri

WOL populesed De i save kamap olgeta yia long 11 Julai na long dispela yia bikpela toktok long luksave long dispela de em, "Vulnerable Populations in Emergencies".

Yunaitet Nesen Populesen Fan (UNFPA) em i wanpela bikpela UN ogenaisesen i save go pas long lukautim ol pipel na gutpela sindaun bilong ol.

Long luksave de bilong dispela yia Wol Populesen De, Eksekutiv Dairekta bilong UNFPA, Dokta Babatunde Osotimehin i tok, Populesen De em wol i save mekim luksave long em long olgeta yia long 11 Julai. Long 2015, Yunaitet Nesen Populesen (UNFPA) long olgeta hap bilong wol i wok long promotim bikpela toktok, "Vulnerable Populations in Emergencies".

Ol spesel nid bilong ol meri na ol yangpela pikinini meri long taim bilong hevi na bagarap long ol pipel i mas stap namba wan.

Wanpela ripot bilong Yunaitet Nesen i tok lukaut olsem namba bilong ol pipel husat i lusim ples bilong ol bikos sampela lain i rausim ol, i go antap long 60 milien long pinis bilong 2014. Namel long ol dispela, planti meri na ol yangpela pikinini gel i bungim planti birua bikos i no gat ol sevis long helt na ol narapela samting ol i nidim.

Ol hevi bilong helt bilong ol meri long kamapim na karim pikinini i kamap olsem namba wan rot bilong ol meri dai na sik namel long ol meri husat i stap long krismas bilong karim pikinini.

Hevi save kamap long ol

meri long taim bilong karim bikos i no gat gutpela save bilong helpim ol mama long karim i stap.

Ol meri na ol yangpela gel i save bungim birua long pasin bilong man i bagarapim ol long strong long slip wantaim ol wantaim pret na ol i save fosim ol long marit long taim bilong disasta o long taim bilong tupela lain i pait.

Planti meri husat i kamaut long ol hevi na birua i save stap lukautim ol pikinini olsem mama na papa wantaim.

Ol i save bungim bikpela hevi bilong helt na hevi long mani long lukautim ol pikinini tiam ol i sik, kisim bagarap na tulong lukautim ol lapun na ol lain i gat bagarap long bodi.

Olsem na dispela bikpela toktok bilong Wol Populesen De, "Vulnerable Populations in Emergencies", em i bilong

mekim ol nid bilong ol meri kamap ples klia long taim bilong pait na birua na long taim bilong ol nutsurel disasta o taim hevi.

Long dispela Wol Populesen De, UNFPA i mekim singaut i go long intenesenel komyuniti long mekim moa wok long banisim helt na rait bilong ol meri na ol yangpela gel.

Yumi mas helpim ol meri na ol yangpela gel na ol yangpela pipel long mekim wok bilong ol long toktok long bel isi na kamap orait wantaim gavman i bihainim ol intenesenel lo na long bringim ol lain i save brukim lo long pasin bilong bagarapim ol meri go long kot.

Taim yumi putim helt, rait na wok wantaim ol meri i go pas, yumi inap long mekim moa long stap isi na kamapim gutpela sindaun long wol.

Katolik Sios i luksave long spots

...Long Pasifik Gems

SIOS tu i luksave olsem spots em i bikpela samting long laip bilong ol pipel long PNG na wol.

Katolik Sios long PNG i luksave long dispela, tasol wanpela bikpela askim em i gat taim bikpela pilai, namba 15 2015 Pasifik Gems kamap long soim wol olsem yumi i lain bilong laikim ol pilai spot na gutpela taim na gutpela sindaun.

Jenerel Seketeri long Konprens bilong ol Katolik Bisop long PNG na Solomon Ailan, Pater Victor Roche i tok Pasifik Gems nau i stap na ran strong, na i gutpela long lukim ol wansolwara poro bilong yumi i kam pilai long trupela pasin bilong ol spot pilai.

Tasol em i tok i moabeta long ol spot man na meri long tingim oltaim olsem em i gutpela long winim medol, tasol bikpela samting em long stap insait long pilai na i no long win olgeta taim.

"Long spot, ol lain i lus em ol wina tu. Pilai fea o gut em samting olgeta i laikim," Pater Victor i tok.

Em i tok tu olsem long pilai spot, ol sapota i save mekim pilai i kamap gutpela moa.



PILAI NA MEKIM GUTPELA POROMAN: V 12 Va'a Meri tim bilong Tahiti i bin kamap namba tu na winim Silva long Va'a o kanu resis i bin kamap long Lancron Nevi Beis long Konedobu, Mosbi. Tahiti tim bilong ol man na meri i strongpela tru, tasol long dispela V12 resis, PNG V12 tim i bin strong moa na winim ol Tahiti meri. **Poto: Veronica Hatutasi**

"I gutpela long planti sapota i go lukim pilai long ol pilai graun na i no long TV tasol long haus. Abrusim ol birua na trabel," Pater Victor i tok.

Long ol pipel i save stap long Mosbi, Pater Victor i tok yumi ol lain i hostim o lukautim dispela Pasifik Gems i gat sans long soim wol olsem yumi save

laikim spot na tu, laikim gutepla sindaun wantaim no gat trabel. Olsem na yumi no ken larim pik poket, vailens na raskol pasin i kamap.

"Yumi ol Pasifik Ailan lain i laikim graun bilong yumi, solwara na envairomen.

"Plis, no ken tromoim nating ol pipia. Siti bilong yumi i mas

stap klinpela. Tromoim gut ol plastik pipia na ol narapela pipia long ples bilong ol pipia stret.

"Yumi mas mekim dispela Pasifik Gems i wanpela gutpela wan we yumi ken karim i go ol gutpela memori long sait bilong envairomen tu.



Rot long wokim penens

TAIM em i pinisim skul bilong em, TOUA i kamapp pablik sevan long taun na em i no save go bek long ples bilong em long taim bilong holide.

Em i stap long taun tasol. Long 30 krismas, em i wok na stap long taun. Long wanpela Krismas holide, em i go bek long ples.

Em i wanpela strongpela Katolik. Olgeta de Em i go long Santu Misa na bihain em i go long opis bilong em. Olsem na taim em i holide long ples em i bihainim santu Misa olgeta moning tu.

Namba wan moning em i kamap long haus lotu, em i lukim wanpela meri, krismas bilong em 45 yia i sindaun long fran.

Dispela meri i wokim prea bipo long Misa. Bi-hain long Misa tu, taim ol narapela manmeri i lusim haus lotu, em bai stap na prea yet.

Wanpela samting i mekim Toua i kirap no gut tru. Dispela meri i no save sindaun antap long sia. Em i sindaun long ples ol manmeri i save nil-daun/brukim skru long en.

Taim ol manmeri i go kisim Santu Komyunio, em i no kisim. Toual i lukim dispela olgeta de, na long Sande tu wankain.

Olsem na long wanpela moning bihain long Santu Misa, Toua i go aut pastaim na i sanap long fran bilong haus lotu na wetim meri i kamaut na Toua i askim em:

"Eskius mi, Mom!". Toua i sekan wantaim em na tok; "Nem bilong mi Toua. Mi bilong dispela ples tasol inap long 30 krismas i go pinis, mi no bin stap long hia.

Mi tingting planti long lukim yu olgeta moning long taim bilong santu Misa, yu i no save sindaun antap long sia, tasol antap long ples ol manmeri i save brukim skru bilong ol.

Olsem na mi askim mi yet, bilong wanem na yu mekim olsem. Na tude, mi laik painim aut long dispela as, olsem na mi bin wetim yu i kamaut na toktok wantaim yu".

Meri ya i tokim Toua olsem: "Brata, em i longpela stori".

Na em i kolim nem bilong em. "Nem bilong mi Paula. Mi bilong hia. Dispela em i asples bilong mi.

Taim mi yangpela yet, krismas bilong mi 17, mi bin statim wanpela wok no gut tru.

Mi bin salim bodi bilong mi long planti man na ol i baim mi. Mi wokim pamuk pasin.

Mi bin bungim planti mani na mi sevim long bank.

Tasol 10-pela yia bihain, taim mi kamap 27 krismas, mi kisim bikpela bagarap tru.

Mi go lukim dokta na ol i tok mi gat sik TB. Em i narakain TB stret. Olsem na mi tromoim olgeta mani bilong mi long baim dokta, baim haus sik na baim marasin.

Na mi stat long tingim bek God bilong mi. Mi prea na singautim Jisas oltaim long kam na helpim mi long kamap orait. Na 5-pela yia bihain, mi go lukim dokta gen na dokta i tok, mi kamap orait olgeta, na em i tok trong long mi mas senisim laip bilong mi.

Mi amamas tru. Mi bilip Jisas i bin kam long helpim na stretim sik bilong mi.

Mi lusim olpela pasin bilong mi stret, na mi kam bek joinim lotu na prea wantaim olgeta manmeri inap tude.

Tasol mi yet i no pilim gutpela yet i sindaun antap long sia. Mi pilim sem yet sapos mi sindaun antap long sia olsem ol narapela manmeri insait long haus lotu. Mi pilim olsem mi rabis tru.

Olsem na mi save putim mi yet, sindaun aninit long narapela manmeri. Maski i longpela taim nau mi joinim na bihainim lotu, tasol mi pilim olsem sin bilong mi i bikpela moa yet long lotu nau mi bihainim em. Mi stap wokim.

Em i wanpelas rot bilong long wokim penans, sindaun antap long ples bilong ol manmeri i brukim skru.

Pop Francis i kisim bikpela sapot

BIKPELA sapot i kam long ol narapela sios na ol Non Gavman Ogenaisesen (NGO) long toktok na tingting bilong hetman bilong Katolik Sios long wol, Pop Francis, long olgeta i strongim wok nau long lukautim envairomen.

Planti tausien pipel bilong ol kain kain lotu i bin stap insait long wanpela klaimet senis mas i go long Sen Peter's Skwea long las wik Sande.

Olgeta lain i mas i bin karim ol grin lip na taim Pop Francis i kamap, Sen Peter's Skwea i bin tanim kamap olsem solwara bilong grin.

Bihain long Pop i givim Sande blesing bilong em, em i tok, "Mi tok amamas long ol lain i stap insait long dispela mas, 'Wanpela graun, wanpela famili.' Mi strongim toktok na wok bung namel long ol pipel bilong ol wan wan lotu long promotim wok bilong lukautim bus, graun, solwara na ol samting i stap aninit, antap na i raunim ol ples.

"Mi tok tenkyu i go long ol NGO olsem FOCSIV na Our

Voices na ol narapela, na mi tok tenkyu long ol yangpela bilong ol wan wan kantri husat i wok long bung long toktok long lukautim envairomen we i ples bilong yumi olgeta," Pop Francis i tok.

FOCSIV, em i wanpela Katolik Developmen oggenaisesen bilong kantri Itali na Our Voices, em i wanpela intasios wol klaimet muvmen we i bin go pas long dispela mas.

Klostu 100 intanesenel na sivil rait muvmen bilong Itali na wol, ol Kristen na ol narapela sios lida, ol monk, ol Sister, ol lain i stap long ol ogenesesen i lukautim envairomen na ol manmeri nating i kam long olgeta hap bilong wol i bin sapotim na stap insait long dispela mas.

Wokabaut i bin stat long sentrel paisa Farnese long Rom na ol i karim ol bena wantaim ol toktok Pop Francis i mekim long ensiklikel long envairomen na singaut singsing "Laudato Si". Ol narapela singsing na singaut ol i wokim tu em long "many faiths one planet", "cli-



Pop Francis

mate action now" o "planti lotu wanpela planet," na "eksen long klaimet nau."

Ol narapela bena i bin gat ol droing na toktok long ol fosil fiul olsem "ol i kam long hel" na sola na win pawa "I kam long heaven."

Teti (30) waitpela pisin i bin plai antap long ol lain i mas na ol pipel i plaim bikpela kait na dispela em i wanpela sainmak bilong Pop Francis.

Ol toktok ol i raitim long bikpela raiting long ol kait em 'graun na ol tarangu i wok long krai long eksen i mas kamap long salim ol bisnis invesen', 'stopim klaimet senis we i kamapim hangere' na givim mipela hop o bilip long bihain taim.'

Pastaim long mas i kamap, ol wan wan rilijes lida olsem ol Muslim, Budis, Angliken na Katolik i bin wokim ol prea na soim sapot bilong ol long Pop Francis long sanap bilong em long wol i mas strongim wok nau long lukautim envairomen.

Kodineta bilong Our Voices em Reveren Fletcher Harper bilong Episkopal (Angliken) sios long Amerika na Eksekutiv Dairekta bilong GreenFaith, wanpela rilijes-enviromen oggenaisesen bilong Amerika i bin tok em i amamas tru long lidasip bilong Pop long klaimet senis.

Em i bin askim strong ol wol lida long ol gavman bilong ol i mas mekim samting nau long klaimet senis.

Polis lokim tripela pasto bihain dai long Madang protes

TRIPELA man husat i kolim ol yet olsem ol pasto na go pas long grup

Polis long Madang i bin holim pasim na lokim tripela pasto husat i go pas long grup, Voice of Melanesia long las wik.

Ol i lokim ol bihain bikpela hevi na protes we ol i no kisim tok

orait na i bin kamapim bikhet pasin, stil na tu kamapim dai bilong tupela lain long Madang taun long las wik Tunde.

Dispela tripela pastorem ol lain i go pas long grup 'Voice of Melanesia' (VOM) husat i redim wanpela petisen long givim long gavana bilong Madang long las

wik Tunde na i laik wokim protes mas, tasol polis i no givim tok orait long ol.

Madang Provinsal Polis Komanda, Suprintenden Sylvester Kalaut i tok olsem dispela grup i no kamaut ples klia stret long wanem as tingting bilong en tru na ol i laik wokim pablik protes

mas long Madang taun. Olsem na polis i no givim tok orait long ol.

Suprintenden Kalaut i tok tupela lain polis i holim pastaim em pastor Wilson bilong Aibom long Angoram distrik, Is Sepik, na arapela em Pasto Panda bilong La-iagam long Enga provins.

Strongim pasin bilong lukautim siti na ol pablik propeti



DISPELA wik long Pot Mosbi, ol pipel i lukim bikpela senis long pes bilong siti. Ol bikrot namel long ples balus na bikpela rot i go daun long taun i klin tru na i luk nais. Bikmoning tru ol lain i klinim ples na brumim ol pipia.

Planti bilong ol em ol liklik kontraka long ol setelmen, na ol mama i holim brum na mekim dispela wok bilong klinim ples. As bilong ples i luk nais em bikos long bikpela pilai bilong namba fiftin Pasifik Gems na ol ovasis visita husat i kam long Mosbi long dispela taim.

Bikpela tok tenk yu i go long Nesenel Kepital Distrik Komisnin (NCDC) long bikpela wok na mani ol i lusim long mekim siti i stap klin long dispela taim. I bin gat bikpela hatwok na hetpen tu i kamap long mekim ol pablik i luksave na helpim NCDC long mekim siti i luk nais long dispela taim. Em i taim bilong san tu na das i kamap tasol hatwok bilong ol dispela liklik kontrakta i helpim long mekim siti i luk smat.

Bikpela askim i go long ol lain insait long siti – bihain long dispela tupela wik, bai siti i stap klin yet o nogat? Bai yumi amamas long siti na yumi wan wan manmeri na pikinini i yusim tingting bilong yumi na lukautim hap kona bilong yumi long siti o nogat? Dispela em sampela askim ol lain i stap long Mosbi siti na ol ples arere long en i mas askim ol yet. NCDC yet i no inap long mekim olgeta wok bilong klinim siti – wan wan manmeri tu i mas helpim long mekim dispela



wok.

Insait long 3-pela yia, PNG i lukim planti milien kina i go insait long sanapim ol bikpela haus, rot, ples balus, bris, na ol arapela bikpela wok long Mosbi siti. Em i laik mekim Mosbi i kamap olsem

wanpela bikpela siti long Pasifik rijon. Yumi amamas long nesenel gavman i mekim olsem, bikos em i bikpela invesmen na i bilong bihain taim bilong kantri bilong yumi. Tasol bikpela wok i stap nau long han bilong ol pipel husat i stap in-

sait long siti.

Yumi olgeta tu i mas sapotim nesenel gavman wantaim NCDC na lukautim ol dispela samting. Ol dispela samting i mekim laip bilong ol siti lain i orait, tasol ol pipel long ol arapel ples i wok long painim taim yet. Planti i no gat ilektrik pawa o klinpela wara saplai i ran long tep. Ol i no gat ol gutpela kolta rot, o gutpela pablik transpot sistem. Laip bilong ol i no isi na ol i mas hatwok long painim gutpela sindaun.

Olsem na pasin bilong amamas na lukautim ol samting i mas kamap strong. Yumi lukautim gut ol dispela samting insait long siti na bai gavman i no ken tromoi bikpela mani tumas long fiksime gen long taim ol arapela bikpela bung i kamap long siti. Pasin bilong yusim spre peint long ol kapa banis, na long sait bilong ol haus o stua long pablik ples, i mas stop. NCDC i lusim bikpela mani tru long traim stopim pasin bilong salim buai na spetim buai nabaut. Orait, ol i mas mekim wankain pasin long painim na givim bikpela mekim save tru long ol lain i save raun nabaut na bagarapim ol samting long spre peint. I mas gat gutpela na strongpela lo bilong stopim dispela pasin.

I mas gat sampela senis i kamap long pasin bilong rausim ol pipia bilong wan wan haus. Wan wan haus i mas gat wanpela plastik pipia dram o ain basket bilong bungim ol pipia na rabis trak i ken rausim. NCDC i no gat strongpela lo bilong stopim ol pablik i tromoi pipia nabaut. I gat planti ol flet na apatmen long siti tasol ol lain i slip long ol i no save putim gut ol pipia bilong ol. Planti bilong ol i pulmapim long ol liklik plastik beg na lusim arere long rot we ol dok i save brukim na tromoi nabaut long rot. Narapela grup husat i save mekim pes bilong siti i luk nogut em ol stua i stap long ol sabeb olsem Gordons, Boroko, Tokarara, Waigani, Gerehu Hohola na Badili. Ol papa bilong stua i mas lukautim banis bilong ol. Putim ol tin pipia na wok wantaim NCDC long kismim ol kontrakta i kam rausim pipia. I gat bikpela hevi tru i stap long pasin bilong rausim ol pipia. Tude ol bikrot long Gordons i klin, tasol ai bilong ol stua i bagarap - pipia i pulap na kapsait, spet na skin bilong buai i pulap long ai bilong stua. No gat man i bisi long klinim ai na arere bilong ol dispela stua. Planti bilong ol dispela stua em ol ovasis lain i papa long en na ol i save pret long rausim ol lain i salim buai na wokim pipia long ai bilong stua.

Yumi amamas tude long gutpela senis i kamap long siti, orait yumi mas amamas tu long klinim na lukautim gut siti na lukim olsem ol samting i mas stap gut long bihain taim tu.

Loya sumatin i strongim rot bilong wok

OL 100 loya sumatin i stap long Ligel Trening Institut (LTI) i strongim rot bilong wok long lo wantaim ol Australian barista. Australia gavman i putim mani long LTI i kamapim dispela program.

Insait long 15 yia, LTI i save wok wantaim ol memba bilong Viktorien Ba long Melbon long i kam long Mosbi long skulim ol sumatin ol rot bilong mekim wok bilong lo.

Long taim bilong opim dispela program, Jastis Les Gavara- Nanu i tokim ol sumatin long wok aninit long lo long gutpela pasin. Long wankain taim, Ekting Dairekta bilong LTI, Pauline Mogish, i tokim ol sumatin long lainim gut dispela kos, bikos em i namba wan samting ol i mas lainim gut pastaim long ol i kamap loya.

Ol lain husat i stap insait long dispela seremoni em Pablik Solisita Jim Wala Tamate na Hai Komisina bilong Australia, wantaim ol narapela wok manmeri insait long LTI.

Long dispela kos, ol loya sumatin i lainim olgeta skil na rot bilong wokim wok we ol loya i save mekim.



Ol LTI sumatin wantaim ol barista long Viktorien Ba.

Sindaun; Piksa i kam olsem lon han kais Jastis Christopher O'Neil, namba tu seketeri bilong Australia Hai Komisnin, Tess McSpedden, Jastis Les Gavara-Nanu, Remy van de Wiel QC, Jas Liz Gaynor, Ekting Dairekta bilong LTI, Pauline Mogish, na Pablik Solisita Jim Wala Tamate.

Dispela em i namba wan taim bilong Viktorien Ba long holim tupela de mentoring program long PNG long strongim ol meri loya i ken wok strong.

Dispela program em ol i kolim "Empowering Women in the Law in PNG" na bai kamap long Julai 11 na 12.

Australia gavman i givim

mani long ranim dispela wok-sop em bilong strongim lo na jastis insait long PNG.

Ol namba wan Viktorien barista na jas bai kam long Papau Niugini neks wik.

Presiden bilong Viktorien Ba, Jim Peters QC, i tok olsem, Viktorien Ba i gat longpela na amamas rot bilong sapotim rot bilong lainim lo in-

sait long Esia Pasifik Rijon.

"Long las tenpela yia i go pinis, ol memba bilong mipela i givim planti taim long sapotim ol wanwok bilong mipela husat i kamap long susa kantri bilong yumi. Nau, Viktorien Ba i amamas long em i kamap hap bilong dispela program na wok bung wantaim LTI long PNG," Peters CQ i tok.



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Telephone: (675) 325 2500

Fax: (675) 325 2579

Email: editorial@wantok.com.pg

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Ol Pasifik 2015 gems ekxen poto...



MERI PNG TAS TIM: Ol meri PNG i strong moa yet long ragbi tas na winim ol meri Samoa.



MERI SAMOA TAS TIM: Hia em Tim Samoa Meri Tas tim i pilai wantaim PNG na ol PNG meri i bin strong tumas na daunim ol.



VA'A V12 MERI TIM WINA: PNG V12 Meri Tim i bin winim Va'a o kanu resis taim ol i daunim strongpela tim bilong ol meri Tahiti husat i save kamap top long wol long dispela Va'a pilai. Poto: Veronica Hatutasi



WOL SEMPION: Brenda Vaimiti Maoni i bin winim 500 mitas Va'a Meri resis na winim gol long kantri bilong em, Tahiti long dispela wik Tunde. Va'a spot em i kaikai stret bilong ol Tahiti na ol i holim wol sempion taitel. Na Brenda em i wol sempion long sait bilong pilai Va'a long ol meri. Lukim liklik stori long Pes 26. Poto: Veronica Hatutasi



VA'A GUAM: Analisa Almazan, Christian Palamo, Beatrice Mata, Carl Aguo, Maribeth Beravente na (sindaun fran) Michael Pangeinan Junia i amamas long makim kantri bilong ol na stap insait long Va'a na ol arapela pilai long namba 15 Pasifik Gems long PNG. Poto: Veronica Hatutasi



STRONG-PELA MAN STRET: Top weitlifita bilong PNG, Steven Kari i apim hevi ain na em i win long mekim kantri i amamas. Poto: Nicky Bernard



PNG SWIM SEMPION: Biknem swima bilong PNG, Ryan Pini i pilaim ol las gem long makim PNG long swim resis long kantri na ovasis. Em i winim tupela gol medol pinis long dispela 2015 Pasifik Gems i wok long kamap nau yet long Mosbi, na bai pinis long neks wik Fraide. Poto: Nicky Bernard



VA'A FIJI: Meri Fiji i statim 500 mitas Va'a fainel resis bilong ol meri long Lancron Nevi Beis long Konedobu, Mosbi. Fiji i bin kamap namba tu taim Tahiti i kisim namba wan ples na winim gol. Poto: Veronica Hatutasi



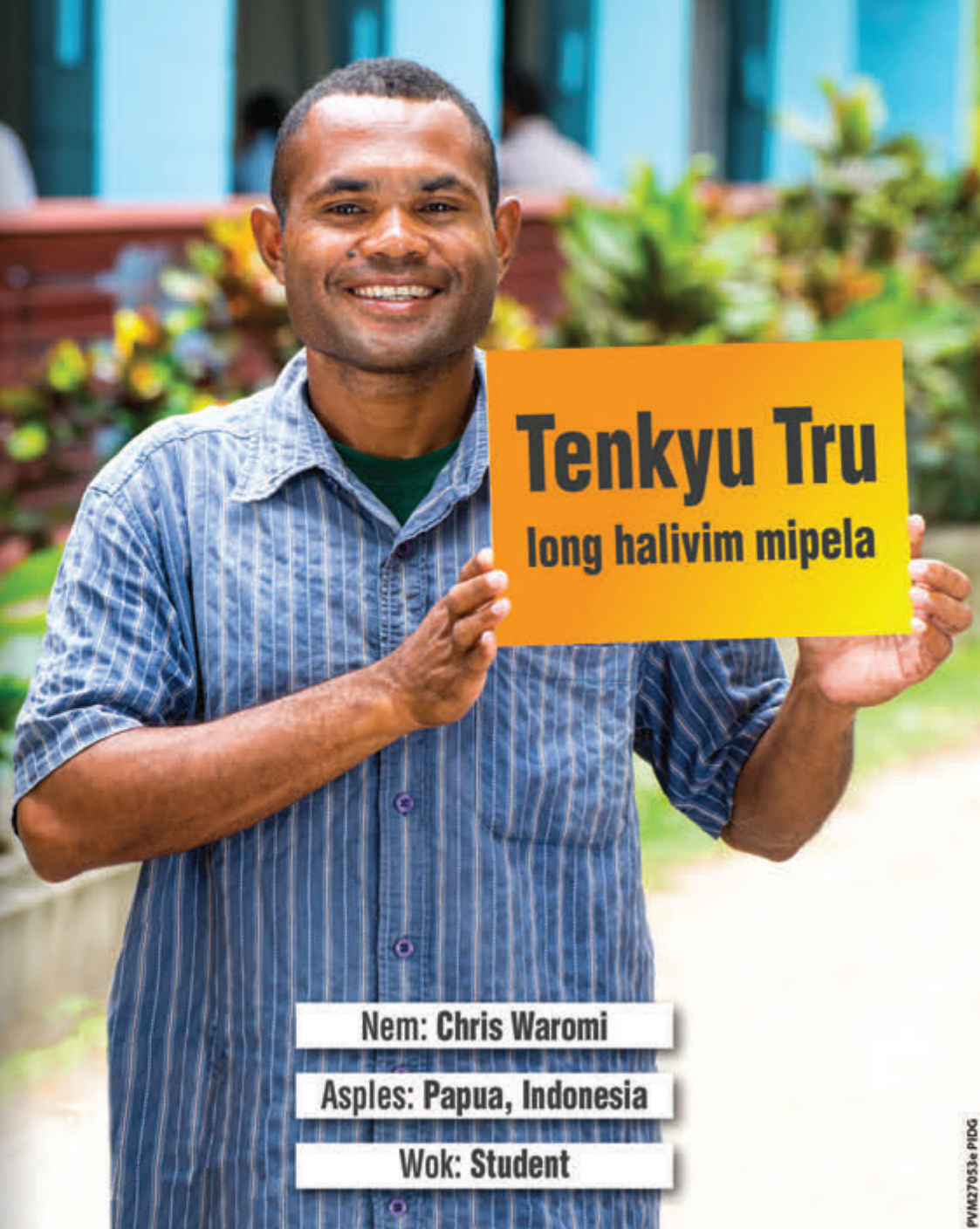
Yumi PNG yumi ol Kristen manmeri. Yumi gat pasin bilong laikim na halivim ol lain istap long hevi. Yumi mas welkamim ol refugees na larim ol stap wantaim yumi.

REFUGEES

LAIKIM HALIVIM BILONG YUMI

PNG ken halivim ol refugees long painim gutpela sindaun wankain olsem ol narapela kantri imekim.

Toksave ikam long Gavman bilong Papua New Guinea.

Tenkyu Tru
long halivim mipela

Nem: Chris Waromi
Asples: Papua, Indonesia
Wok: Student

Stori bilong tumbuna



Lapun Manmeri Painim Stan Tamok

Lapun Manmeri Painim Stan Tamok

Taim bipo tru tupela lapun manmeri i go long bus long wanpela hap.

Tupela lapun hia i lukim wanpela kapul long bus na kilim em. Ol i kolim dispela kapul, Malga.

Tupela i painim wanpela kapul tasol na klostu tudak pinisi: Tupela i karim dispela kapul i kam aut long bus na tupela i painim ples nau long kukim kapul. Tupela i redim olgeta samting bilong kukim kapul pinis tasoli i no gat mambu bilong tekewe bel bilong kapul. Tupela i wok long painim mambu tasol i no gat wanpela samting i stap klostu long Ol.

Man i go lukluk nabaut long mambu na meri i sindaun i stap.

Lapun merii sindaun i stap na em i pilim long as bilong em wanpela samting i sanap i stap.

Meri i sanap na lukim wanpela longpela ston. Meri nau i kisim narapela ston na paitim dispela longpela ston.

Nau meri i lukim naispela sap i stap long hap ston i bruk. Em i kisim na traim katim sampela gras na ston i save katim tru ol gras.

Nau lapun man i kamap na meri i tokim em: Mi painim wanpela samting bilong

tekewe bel bilong kapul pinis.

Nau tupela i amamas na rausim bel bilong kapul pinis mumuim na kaikai. Tupela i kisim hap ston i gat sap na karim i go long haus.

Tupela i tokim olgeta man long ples long ston i gat sap na ol man i go brukim dispela ston na wokim ston tamiok.

Ol man i kisim nem bilong tamiok: Kunjun. Em i nem bilong hap graun ol i painim ston tamiok.

Dispela ples bilong kisim ston tamiok i tambu tru long ol meri. Bilong wanem tewel bilong lapun meri i painim ston tamiok i no laik ol arapela meri i lukim ston bilong tamiok.

Sapos ol meri i kam long ples bilong tamiok orait tewel bilong lapun meri i save haitim ston tamiok.

Taim ol man i no painim ston bilong tamiok bai ol i mas painim kapul Malga na mumuim bai tupela tumbuna bilong ston tamiok i ken kaikai smel bilong kapul tupela i kaikai bipo na givim ston tamiok gen long Ol man.

Ol i no ken kilim narapela kain kapul, ol i mas kilim Malga tasol. Nogut bai ol i no inap painim ston tamiok na ol tamiok i ken bruk kwik.

Karl Dimaua GTC Puma-kos Enga Distrik.

TOKSAVE:

WANTOK i askim ol gutpela rida bilong em long salim ol tumbuna stori i kam na bai mipela i putim long niuspepa. Sapos stori bilong yu i gutpela na mipela i putim long niuspepa, bai yu winim K50 we mipela bai salim i go long akaun bilong yu, o salim mobail yunit inap long K50 i kam long fon bilong yu. Salim nem, edres na mobail namba bilong yu wantaim stori i kam long dispela edres: *Stori Tumbuna, Wantok Niuspepa, C-Word Publishing Company, P O Box 1982, BOROKO, NCD, PNG* o email edres: editorial@wantok.com.pg Telepon namba: 3252500.

Tenkyu

Raun wantaim Wantok kru ...

Moa meri long 2015 Pasifik Gems

Veronica Hatutasi i raitim

2015 Pasifik Gems long Mosbi, PNG i lukim planti meri i go insait long pilai, na planti meri tim i wok long win.

I no ol meri tim long PNG tasol, no gat. Em ol meri tim na ol wan wan pilaia bilong ol arapela Pasifik Ailan kantri tu.

Tasol Wantok i bin bungim sampela ol yangpela meri pilaia long ol raun bilong em long dispela wik.

Guam em i wanpela kantri i kam aninit long grup, Maikronesia na ol i stap long not bilong Ikweta, klostu long Manus. Ol arapela Maikronesia liklik ailan kantri em long Kiribati, Federet Stes bilong Maikronesia, Nauru na Masal.

Beatrice Mata i gat 18 krismas bilong Guam em i yangpela pilaia long Va'a Tim Guam bilong ol meri. Beatrice em i pinisim hai skul na em i stap long kolis.

Em i stap insait long Va'a pilai long tupela yia nau na i

stap long nesenel tim bilong ol.

Em i namba wan taim bilong em long stap insait long tim i makim kantri bilong em.

Wantok i askim em long tingting bilong em long pilai long dispela bikpela pilai, na long PNG.

"Mi lukim olsem ol pipel i gat gutpela pren pasin na mi amamas long kam stap hia. Mi laikim ekspiriens long ol pilai na bai mi kisim dispela i go bek," Beatrice i tok.

V6 tim bilong ol man i bin winim brons medol.

Em i tok maski ol i win o no gat, em i amamas tasol long kam stap insait long 2015 Pasifik Gems, lukim PNG, wokim poroman na kisim ol gutpela memori i go bek long Guam.

Long wankain taim, Wantok i bin bungim ol meri Tahiti na stori liklik wantaim ol.

Aiho Angelique na Manea Heiata em tupela stail yangpela meri Tahiti i stap long Va'a meri tim i tok Va'a em i wanpela spot bilong ol pipel bilong Tahiti, ol man na meri

wantaim.

Tupela i bin stap insait long trening long Bora Bora long dispela pilai long tripela mun pastaim ol i kam long Pasifik

Gem long Mosbi, PNG.

Ol i amamas long kam pilai long PNG na ol bai go bek wantaim sampela gutpela memori.



LAIKIM PNG:Yangpela Beatrice i laikim pren pasin bilong ol PNG pipel.



TAHITI NUI: Aiho Angelique na Manea Heiata bilong Borabora, Tahiti i stap insait long Tahiti Va'a Meri tim. Ol Foto: Veronica Hatutasi

I kam long ABC

OL atoriti long Atonomas Rijen bilong Bogenvil (ARoB) i laik kamapim wanpela rot long bikbus olsem Kokoda Track long Oro Provins,

bilong ol turis i ken go wok-about long en.

Dispela rot em ol soldia i bin bihainim long taim bilong Wol Wo 2, long not hap bilong Bogenvil ailan ol i kolim long Numa Numa.

Bogenvil i pulap tru long planti samting em yu no nap painim long ol narapela hap bilong kantri wantaim tu ol samting bilong Wol War 2 taim ol lain ami bilong Amerika, Gemani na

Japan i bin pait long hap.

Lawrence Bele, Dairekta bilong Turisim long Bogenvil i tok dispela i wankain olsem Kokoda Trek .

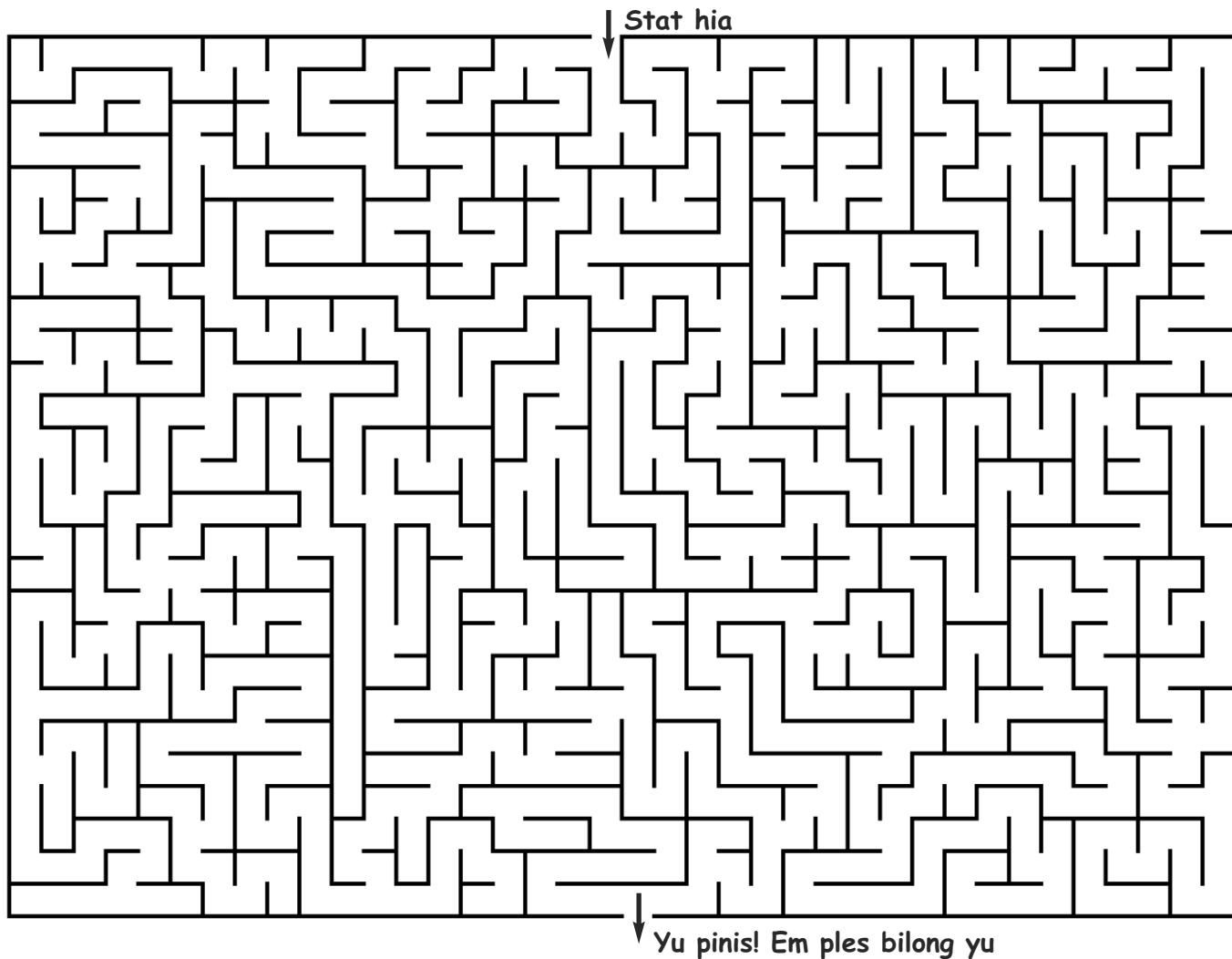
Ol i laik yusim dispela bus rot bilong turis bisnis.

Numa Numa Trek bilong WW 2 long Bougainville



Em nau! Ol pikinini i ken painim rot i go long ples wantaim Wantok kru...

Sudoku



		6			2			8
	8				4	6	2	
2					5			4
9		1			8	7		
	7	3					4	8
			4	1			9	6
7			1					3
	9	2		3				6
3			9			1		

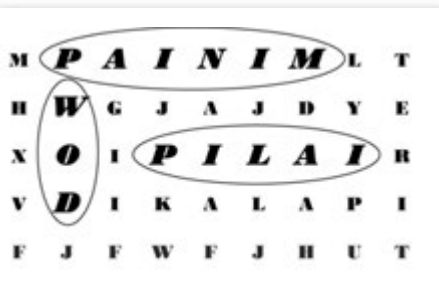
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7	4		2				5		
		5	9		1	7			
			4	1		6			2
4	1							5	9
3		2		5	9				
		4	3		2	1			
		3			4		2	6	
8	2							3	

Ansa bilong Sudoku # 117 na # 118 neks isu

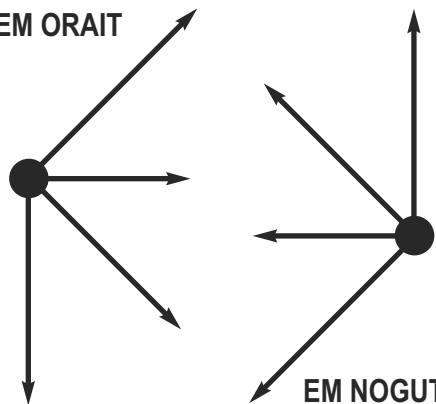
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3	8	5	7	9	4	1	6	2
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9	2	8	5	4	3	7	1	6
6	7	1	2	8	9	4	5	3
2	3	7	9	5	6	8	4	1
8	5	9	4	2	1	6	3	7
1	6	4	3	7	8	5	2	9

8	4	9	1	5	2	7	6	3
7	1	5	6	3	8	4	2	9
3	2	6	4	9	7	1	5	8
9	7	1	2	8	3	6	4	5
4	8	2	5	1	6	9	3	7
5	6	3	7	4	9	2	8	1
2	5	4	8	7	1	3	9	6
1	3	8	9	6	4	5	7	2
6	9	7	3	2	5	8	1	4

Ansa bilong las wik Sudoku # 115 na # 116



EM ORAIT

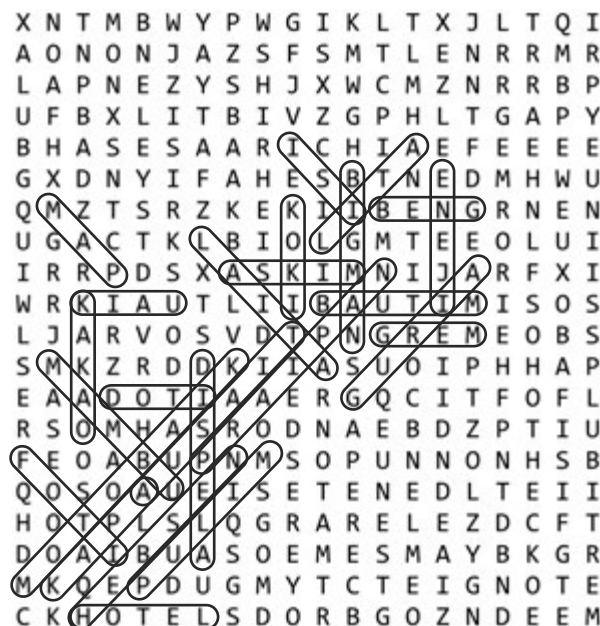


Ol wod lista hia:

- KIKIM
- SUTIM
- HEDIM
- KIPA
- SUTA
- WINA
- SOKA
- PINI
- MOPIO
- WISIL
- TOUA
- GEWA
- KARI
- KRIKET
- BARRAMUNDI
- LEWAS
- LANGBOL
- RAGBI
- PILAIA
- WAIWAI
- STRAIKA
- GURIAS
- DIKA
- LAHANIS
- SAPEA

B Q B C T V P A S H R E A S M R W S P A
 E O P E T M S I K D W E C L E W A S C E
 E J O I K R Z E N E S I O H E A D U C C
 J F D S I N D D E I I B S H P J I T A R
 C Z N D O C I F C E G U R I A S R A O U
 V T S E C K K Y U N I A K O L I O O S E
 S E A P J K A R O H K C T H D R W S S N
 S A J I Z N S L W I N A M N H A F L F A
 P I S E S P I L A I A G U G V G O U S E
 R F Y R U X S R R H F M W O Z M L W E R
 E Q N T T G T A M K A V D N E E Q C P E
 T V D M I S K O L R A N Y N S H R M E E
 E W I A M P I W R I O R I E N O Y T I D
 H D K I K I M A V K A P T S F N M V B E
 P M O R A G B I H E R E X E T W N S Y O
 R E E W C M E W P T I F M R A V P O N M
 R E E I I O M A P J G L G G Q I R Z A E
 C G I D S P S I A R S A U M E E M L A D
 I O E E H I H G W V R D S H E P E U E S
 X H H P T O U A A M B L E R V R D E S E

Ansa bilong Wod Pilai isu 2129





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2015 PASIFIK GEMS OPENING: PNG, Pasifik na wol i bin lukim naispela opening seremoni stret bilong 2015 Pasifik Gems long Sir John Guise Stadium long Pot Mosbi long las wik Sarere, Julai 4.



DAME MEG TAYLOR: Seketeri Jenerel bilong Pasifik Ailans Forum Seketeriet, Dame Meg Taylor long rait han wantaim RA bos, Lynley Marshall.

Ol Foto: ABC

Nesenel AIDS Seketeriet i tingim ol spotman na meri

PASIFIK GEMS i kisim helpim long seksuel helt. Dispela helpim i karamapim wok bilong givim fri kondom na gutpela tok save long seif seks i go long ol spotman na meri na ol narapela pipel.

ABC Nius ripot i tok ol spotman na meri long Pasifik Gems long PNG nau i kisim ol kondom long Helt Dipatmen na Nesenel Aids Kaunsil.

Dispela tupela lain i kisim helpim i kam long Safe the Children PNG, na Population International bilong lukim olsem ol pipel i no kisim ol sik olsem Hiv/Aids, TB na seksueli transmited disises (STI).

Margaret Munjin, Manesa Maketing na Alaienses wantaim Nesenel Aids Kaunsil Seketeriet i tok ol i save, ol kain bung olsem i save mekim ol pipel i laik slip wantaim ol narapela pipel.

Em i tok ol i gat ol opis long foapla ples em ol pilai i save stap long en na tu long Gems wiles we ol pipel i ken kisim ol gutpela save long lukautim ol yet sapos ol i laik slip wantaim ol narapela pipel.

Ms Munjin i tok tu olsem planti pipel long rijon i save olsem PNG em i bikipela kantri na tu em i gat bikipela wari long ol sik

Dame Meg Taylor i toktok long wok bilong Forum

SEKETERI Jeneral bilong Pasifik Ailans Forum Seketeriet, Dame Meg Taylor i tok ABC Nius olsem wanpela bikipela wok ol i gohet long wok long en nau em ol i kolim Framework for Pacific Regionalism.

Em i tok aninit long dispela program, ol rijonal ogenaisesen i mas redi long mekim ol wok ol lida i bin pasim tok

long kamapim.

Dame Meg i tok ol dispela disisen bai mas kamap long wanem ol pipel yet bilong Pasifik i lukim olsem praioriti bilong rijon.

Em i tok ol Forum Komiti bai bung long wik bihain long glasim gut sampela tingting o sabmisen bilong ol pipel long wanem nau ol i lukim olsem praioriti o emi bikipela wok em ol i mas mekim kwik.

Dame Meg i tok wanem samting ol komiti ya i makim, bai ol i putim go long Pasifik Ailans Forum Lidas Samit long Papua Niugini long mun Septemba long givim tok orait.

Kot i kalabusim Geoffrey Vaki

SUPRIM Kot i salim olpela Komisina bilong Polis, Geoffrey Vaki i go kalabus inap long tripela yia.

ABC ripot i tok long mun Jun, Suprim kot i bin painim Vaki i rong long kontemp ov kot o em i no bihainim oda bilong kot.

Em i no bin karim aut oda bilong arestim Praim Minista Peter O'Neill klostu wanpela yia i go pinis.

Mista O'Neill i bin makim Vaki long kamap Polis Komisina bihain long entikorapsen Taskfos Sweep i bin sutim tok long em long planti milien kina i go long Paraka loya kampani.

ABC ripot i Suprim Kot i givim disisen long Vaki i mas go kalabus long 3-pela yia na em i mas wokim had leba wok taim em i stap long kalabus.

Pasifik Ailans Forum wari bilong mani bilong Klaimet Senis

BIKPELA wok bilong Pasifik Ailans Forum Seketeriet long ol wok bilong stretim wari bilong Klaimet Senis em long painim mani o Klaimet

Fainens.

Seketeri Jeneral bilong Pasifik Ailans Forum Seketeriet, Dame Meg Taylor i tokim ABC Nius olsem bikipela wok bilong Pasifik Ailans Forum Seketeriet long stretim wari bilong Klaimet Senis em long Klaimet Fainens o mani.

Dame Meg Taylor i tok Seketeriet i lukluk long wanem kain mani i stap long wanem hap we bai ken helpim ol ailan kantri long stretim ol hevi long klaimet senis.

Dame Meg i tok em i no isi long kisim dispela Green Climate mani.

Em i tok ol kain kain samting i stap we i mekim hatwok tru long ol ailan kantri long kisim dispela klaimet senis mani bilong helpim ol yet.

Dame Meg i tokaut tu long ol hevi long vailens egensim ol meri long olgeta hap bilong Pasifik.

Pasifik Gems pilai go het nau

OLGETA pilai long Pasifik Gems long Pot Mosbi i go het nau.

Tasol ABC Nius i tok i no gat planti tok save tumas i go long ol ovasis kantri long olgeta medol teli long wanem – planti websait i no gat wankain namba bilong medol ol wan wan kantri i winim pinis.

Long Trinde apinun, ol kantri we i gat planti gold medal nau em Papua Niugini, Fiji, Australia, Nu Kaledonia na Samoa.

2015 Pasifik Gems seremoni bin kamap gut

SAMTING olsem 24 ol kantri bilong Pasifik wantaim Australia na Nu Silan i stap nau long namba 15 Pasifik Gems long Pot Mosbi.

Namba tri pikinini bilong Kwin Elizabeth, Prins Andrew Duk ov York, i bin opim dispela bikipela bung bilong spot na em i bin tok em i amamas tru long sanap

makim mama bilong em long opim dispela Gems.

Samting olsem 20 tausen pipel i bin lukim dispela opening seremoni long Sir John Guise stadium wantaim ol narapela pipel bilong ol kantri bilong Pasifik na Australia.

Dispela seremoni i bin soim kalsa bilong wan wan provins bilong PNG husat i sanap wantaim olsem wanpela kantri na tok welkam long ol pipel bilong wansolwara long bung wantaim ol long dispela tupela wik bilong spots.

Ol dispela wan wan grup i bin danis na singsing wantaim ol kain kain naispela na kalakala bilas, na bai yumi tok wanem gen. Ol spot tim bilong ol wansolwara tu i bin amamas tru na ol i putim sampela singsing bilong ol yet.

Prins Andrew i bin tok olsem em i amamas tru long lukim planti kain kain kalsa bilong PNG long dispela seremoni. Em i bin givim toktok bilong mama bilong en husat i bin tok olsem em i amamas long lukim ol Pasifik Ailan kantri i bung long pilai kain kain spot.

I kam inap nau gavman bilong Nesenel Kapitol Distrik we em i karamapim Mosbi siti i bin wok strong wantaim nesenel gavman, Pot Mosbi Semba ov Komes, Pasifik Gems Ogenaising Komiti, na tu ol Polis na Difens Fos long mekim dispela games i kamap gut.

Gavana bilong NCD, Powes Parkop i tok em i bin wanbel tru long dispela bung long Sarere nait.

Vanuatu Oposisen i rausim vot i no gat bilip

OPOSISEN long palamen bilong Vanuatu i bin rausim mosen bilong vot i no gat bipi long gavman bilong Praim Minista Sato Kilman.

Niusman long Port Vila, Hilaire Bule i tokim ABC

Nius olsem Oposisan Lida, Edward Natapei i bin rausim dispela mosen long wanem em i luksave olsem em i no gat namba long winim vot.

Hilaire i tok nau namba long ol memba long palamen em i 52, na 29 memba is tap wantaim gavman na 23 long Oposisen.

Palamen bilong Vanuatu i bin bung asde bihainim wanpela oda bilong Suprim Kot long ol i mas bung na toktok long dispela mosen bilong vot i no gat bilip.

Tasol Oposisen lida Edward Natapei i rausim mosen na i no gat dibet.

NAIDOC wik na ol asples pipel i no stap long mama lo

OL Aborijini na Tores Stret Ailan pipel i no stap yet insait long mama lo o Australia i no luksave long ol.

Profesa Clive Moore, save-man bilong Australia na Pasifik histori long Kwinslan Yunivesiti i toktok wantaim ABC Nius long dispela samting.

Long stori bilong ol Aborijini na Tores Stret Ailan pipel bilong Australia long Naidoc Wik, stori i lukluk long kostitusen o mama lo bilong Australia i no luksave long ol.

Maski ol dispela lain pipel i bin stap long Australia samting olsem 50 - 60 tausen yia pinis, dispela 1901 konstitusen bilong Australia i no gat wanpela toktok long luksave long ol indijinos pipel o ol asples.

Strongpela muvmen i gohet nau long luksave long ol olsem ol i asples pipel bilong Australia insait long Preamble o bikipela toktok i go pas long Konstitusen.

Dispela i no wankain olsem long ol kostitusen bilong Papua Niugini, Vanuatu na Solomon Ailan na olgeta independen kantri long Pasifik, we i gat luksave long ol asples.

Ol Preamble toktok bilong ol dispela kantri i luksave long

ol tumbuna, graun bilong bilong ol pipel, ol kastam, kalsa, traib, Melanesian velu, ol i independen, ol i luksave long God, gavman na planti moa.

Nu Silan i no gat kostitusen - em i gat ol triti o haphap mama lo, na wanpela long ol em i Triti bilong Waitangi.

Triti bilong Waitangi we gavman bilong Ingran i bin sainim wantaim ol Maori Sif long 1840, i givim luksave long rait bilong ol Maori pipel long graun na propeti bilong ol.

Profesa Clive Moore, i tok long Australia, i no gat wanpela luksave olsem insait long konstitusen long ol asples pipel.

Katim daun ol diwai bai kilim dai ol pisin bilong PNG

I GAT wari olsem ol wok bilong katim ol bikbus o long kisim timba bai bagarapim envairomen na bai inap kilim olgeta pisin long Papua Niugini.

Wako Napasu Manesing Dairekta na papa bilong turis bisnis Country Tours PNG i mekim dispela toktok wantaim ABC Nius bihain long em i wok long lukim mak bilong ol pisin long ol bikbus i wok long go daun.

Em i tok planti turis bilong ol narapela kantri long wol i save gat bikipela laik long lukim ol kumul, nesenel pisin bilong PNG na ol narapela pisin bilong PNG.

Mista Napasu i tok tu olsem wok bilong lukim ol pisin o bird watching i wanpela gutpela bisnis em inap helpim ol pipel sapos ol i lukautim gut envairomen we ol pisin i save stap long en na no ken katim nabaut ol diwai.

Mista Napasu i bin tokim ABC Nius dispela wari bilong en taim em i bin stap long Saut Pasifik Turis Eksens So i bin kamap long Melbourne, Australia long mun i go pinis.

Bai no gat Casino long PNG

Stanley Nondol i raitim

PRAIM Minista Peter O'Neill i tok Papua Niugini bai no gat Casino o bikpela ples bilong kain kain pilai laki na em i singaut long ol pipel long sevim mani long lukautim sindaun bilong ol long bihain taim.

Mista O'Neill i tok pilai laki i save bagarapim mani na ol famili i save kisim taim. Em i tok planti pipel long kantri i wok long pilai laki tumas na ol i no sevim mani na gavman i laki na rausim pasin bilong pilai laki long kantri.

Praim Minista O'Neill i mekim dispela toktok long bekim toktok bilong wanpela man Sauten Hailans Peter Kemele husat i wokim wanpela 5 star hotel long Pot Mosbi olsem gavman i mas larim ol wok bilong hotel i go het na pinis long ol lain husat i gat mani ken go pilai Casino long dispela nupela hotel.

Gavman i stopim ol wok bilong sanapim dispela 5-star hotel long Pot Mosbi na wok i no go het.

Praim Minista O'Neill i tok Casino Hotel bai no inap kamap long ai bilong em, taim em i stap Praim Minista bilong kantri.

Em i tok planti pipel long kantri i no save long sevim

mani na save pinisim pe bilong ol long pilai laki olsem poka masin, hos resis na ol arapela, na taim mani i sot bai ol i dinau mani na dinau i save kilim ol.

Mista O'Neill i singaut long ol pipel i mas kamapim pasin bilong sevim mani. Em i tok sevim mani em gutpela long yu ken yusim long bihain taim na long long taim nogut.

Em i tok gavman bilong Papua Niugini i wok long promotim seving kalsa long ol pipel i mas save long pasin bilong sevim mani na i wok long sapotim ol pipel long groim lilik bisnis i go long bikpela bisnis. Tasol em i tok ol pipel yet i mas sevim mani long kisim dinau long ol benk na tu ol i mas bosim gut ol bisnis bilong ol.

Mista O'Neill i tok pilai laki i save bagarapim planti ol bisnisman na meri.

Mista O'Neill i tok gavman i redi long helpim ol pipel long groim na statim bisnis. Tasol wanpela salens em i tok em long ol pipel i mas save long sevim mani long

bisnis bilong ol bai gro.

Em i tok gavman i putim mani pinis long Nesanel Dvelopmen Benk na i wok long rolim aut ol maikro ekspensen program long ol pipel bai kisim helpim long fainens.

Em i tok long kisim ol gutpela sevis bilong gavman na benk, wanpela hap wok bilong ol pipel em long ol i mas sevim mani long kisim helpim long benk.

Mista O'Neill i tok PNG i no gat plen bilong larim wanpela Casino i kamap long kantri.



Praim Minista Peter O'Neill

Maikro Ekspenspen program i go het

PLANTI tausen manmeri long Baiyer distrik long Westen Hailans na Yangoos Viles long Tsak Veli long Enga provins i kamap long greduesen seremoni bilong 7,000 manmeri long las wik. Em i wanpela bikpela wok i karim kaikai aninit long Maikro Ekspenspen Projek (MEP) we Esien Dvelopmen Benk (ADB), Australia na Papua Niugini gavman i sapotim.

Gavana bilong Benk bilong Papua Niugini (BPNG) Loi Bakani i go pas long dispela seremoni wantaim Rod Hilton, Minista-Kaunsil bilong Australia Hai Komisn i givim setifiket i go long ol manmeri husat i kisim fainensel Litresi Kos.

Ol deleget bilong BPNG, provinsal gavman na ol arapela memba bilong komiti i kamap long lukim bikpela greduesen seremoni.

"Maikro Ekspenspen Projek i helpim planti tausen manmeri husat inkam bilong ol i liklik long kisim sans long ol fainens long namba wan taim long statim ol liklik

bisnis. Salens bilong yumi nau em long skruim fainensel litresi wok na dvelopim moa wok long lukim ol liklik manmeri i kisim sevis bilong fainensel inklusen wantaim ol fainensel institusen insait long kantri," Mista Bakani i tok.

Bikpela lukluk bilong MEP em long givim fainensel edukesen long 130,000 manmeri long PNG long pinis bilong 2017 na sapotim fainensel na sosel empawamen bilong ol meri.

Long ol 7,000 lain i greduet long las wik, 50 pesen o 3,500 em ol meri.

Dispela MEP projek em ol i kamapim long apim namba bilong ol pipel long PNG stap insait long fainensel inklusen program o husat i no save yusim benking sevis long laip bilong ol i gat san long kisim save bilong benking na fainens na yusim ol kain kain sevis aninit long MEP.

Gavman i statim MEP program long 2012 wantaim BPNG olsem wanpela bodi go pas long mekim wok na ol Mircrosave olsem teknikal patna.

Senta bilong Fainensel Inklusen SEFI i kam insait olsem hap bilong projek long mekim wok karim kaikai aninit long MEP na em i lukluk long kodinetim ol fainensel inklusen na fainensel edukesen program long Papua Niugini.

Long wankain taim, Minista bilong Tred Komes na Indastri Richard Maru i tok planti manmeri long kantri i no gat benk akaun olsem na ol i no save sevim mani.

Mista Maru i tok ol komesel benk i givim taim long ol pipel bilong PNG i opim nupela akaun long yusim benking sevis.

Minista Maru i tok long dispela as gavman i statim benk bilong ol pipel bilong PNG yet, Pipels Maikro Bnek. Na em i singaut long Nesanel Dvelopmen Benk long hariap long statim wok konstraksen bilong sanapim Pipels Maikro Benk Brens long Mendi na Kundiawa.

Minista i tok gavman i plen long olgeta provins bai i gat Pipels Maikro Benk brens long pinis bilong 2017.

ExxonMobil stat long givim pawa saplai long PNG Pawa



Praim Minista O'Neill i opim 25 megawatt pawa saplai long LNG plent sait i go long PNG Pawa.

DVELOPA na opereta bilong PNG LNG, ExxonMobil PNG Limited i stat givim pawa saplai long PNG Pawa long 25 megawat mak long las wik na dispela i apim pawa saplai bilong Pot Mosbi i go long ol bisnis haus na ol kastoma bilong PNG Pawa.

Dispela em wanpela bikpela wok long LNG plent sait we ExxonMobil i mekim long apim pawa saplai.

Las wik, Praim Minista Peter O'Neill wantaim ol gavman minista na ol arapela opisa bilong Stet On Entaprais i bin go selebretim long LNG plent sait long Papa Lealea long Sentral provins.

Menesing Dairekta bilong ExxonMobil Andrew Barry i tok dispela i bin wanpela bikpela komitmen bilong givim pawa saplai i go long PNG Pawa aninit long wanpela Memorandem ov Andastend-

ing (MOU) Exxon Mobil, PNG Pawa na PNG gavman i bin sainim long Januari 2015.

Mista Andrew i tok ExxonMobil i mekim gutpela wok na pinisim hariap na nau bai ol i ken givim pawa saplai long ges tebain long LNG plent sait i go long ol pipel bilong kantri long stat bilong 2015 Pasifik Gems.

Em i tok wanpela tim bilong 80 wokman na meri i wok inap 10,000 aua long pinisim dispela projek na i no gat wanpela bagarap i bin kamap.

Mista Andrew i tok tenkyu long PNG Pawa long joinim pawa lain i go long plent sait long redi long taim long kisim pawa i kam aut na apim saplai bilong PNG Pawa.

Long taim bilong opim dispela pawa saplai, Praim Minista Peter O'Neill i tok 25 megawatt bai apim pawa saplai bilong PNG Pawa na daunim hevi bilong pawa long

Pot Mosbi. Em i tok narapela 50 megawatt bai PNG LNG i givim long dispela yia.

Mista O'Neill i tok tenkyu long ExxonMobil long hariap long pinisim ol wok insait long 5-pela mun bihain long ExxonMobil na gavman i sainim agrimen long Januari.

Mista O'Neill i tok bikpela senis long dvelopmen i kamap hariap tru insait long liklik taim na tok tenkyu long olgeta pipel bilong PNG long i gat bilip long ol senis i wok long kamap long dispela taim.

Mista O'Neill i tok ol pipel long rurel eria tu i nidim pawa na gavman i wok long givim sevis.

Em i tok PNG i stap long taim bilong bikpela senis bilong teknoloji na ol pipel i nidim pawa. Em i tok wankain bai kamap long Lae na ol arapela senta long kantri na distrik wantaim ol viles tu bai kisim pawa saplai.

Australia sapotim PSDI wantaim K100m

I GAT bikpela nid long divelpoim PNG long eria bilong fainens, infrastraksa na ol arapela olsem na Australia gavman i sapotim Esien Dvelopmen Benk (ADB) long wok bilong en long dvelopim PNG long program bilong em long Pasifik Praivet Sekta Dvelopmen Inisitiv (PSDI).

Australia Gavman i putim moa long K22 milien long las mun na apim total mani aninit long PSDI go antap long K100 milien.

Nupela fanding aninit long Pasifik Praivet Sekta Dvelopmen Inisitiv (PSDI) bai helpim PSDI long lukluk long ol samtng ol praivet sekta long PNG i sot long en long ol eria olsem helpim fainensel sevis, long helpim na daunim kost bilong infrastraksa sevis, dvelopim kopetisen network na promotim wok bisnis bilong ol meri.

Rijonal Dairekta bilong ADB

Pasifik Liasen na Kodinesen bilong Sydney opis, Australia i tok dispela mani helpim i apim mani na risos bilong ADB long helpim ikononik dvelopmen long PNG.

Em i makim strongpela komitmen bilong Australia gavman i go long strongim sekyuriti bilong PNG ikononik i givim moa sapot long PSDI long helpim ikononik dvelopmen long PNG.

Australia gavman i givim dispela K22 milien las wik bihain long ADB i tok orait long wanpela senis long PSDI we tok klia long wanem ol erai i gat nid long yusim mani.

Total mani sapot Australai gavman i givim long PSDI i sanap long \$32 milien o moa long K100 milien.

Hai Komisina bilong Australia long Papua Niugini, Deborah Stokes i tok praivet sekta grot long dvelopim ikononik em bikpela lukluk insait long eid polisi bilong

Australia gavman. Em i tok wanpela polisi bilong PSDI em long strongim wok bilong ol meri. Na dispela em i namba wan rot long PNG long helpim famili na komyuniti.

PSDI i sapotim planti rifom long PNG. Sampela bilong ol eria em Pesonel Propeti Sekyuriti Ekt, Pablik Praivet Patnasip Ekt, komyuniti sevis obligesen polisi senis long IPBC Ekt na introdaksen long mobail benk long namba wan taim long kantri.

Wantaim moa sapot bilong Australia gavman, moa wok bai kamap long helpim ol wok ADB i mekim long PNG long apim rot bilong ikononik grot na sapotim praivet sekta.

Ol toktok long bikpela level i wok long go het namel long PSDI na PNG gavman long eria bilong tranperensi na wok bilong praivet sekta insait long Stet on Entaprais o bisnis bilong ol pipel na sampela ol arapela eria.



Ramu NiCo Strongim Trening Long ol Operesen Sait

RAMU NiCo Menesmen (MCC) Limited i wok long kisim yet ol wokman long strongim wok operesen bilong en long Kurumbukari Main na long Basamuk Rifaineri.

Dispela em tupelo bikpela eria bilong nikel/kobalt operesen bilong Ramu NiCo insait long Madang provins, PNG.

Olsem na Kampani i lukluk moa long kamapim ol trening long ol wokman bilong en long save long ol wok we i ken helpim ol long kamapim gutpela wok na bringim ap prokdaksen.

Long mun Me na Jun 2015, Basamuk Rifaineri long Raikos distrik i lukim ol woklain i stap insait long trening we wampela autsait kampani, Multi Skills i kamapim, na long KBK Main em insait trening we wampela trenining opisa bilong Ramu NiCo yet i kamapim

Antap long KBK Msin yet i lukim 200 opereta o lain bilong wok wantaim bikpela masin na trak long Ramu NiCo Kurumbukari Main Divisen long Madang provins i bin stap insait long wampela main sefti na wok etiks trening long mun Mei na Jun long dispela yia.

Dispela in-haus trening we kampani yet i givim em long givim strong na gutpela tingting long olgeta main operettas long wei bilong wok. Dispela trening tu bai givim ol save long wok bilong sefti na abrusim ol hevi na birua we i go wantaim Main Sefti Ekt, na tu bringim ol operettas long save long main wok etiks o kalsa bilong wok.

Ramu NiCo Main Teknikol Trening Kodineta na treina, Philip Narokobi Baiwog i tok total olsem 214 opereta olgeta i bin stap insait long dispela trening we i stat long namel bilong mun Me na pinis long mun Jun 2015.

Namel long 214 operetas em 32 doza opereta, 112 em ol Volvo operetta, 45 em ol ekskeveta operetta, we em ol nupela na olupela wantaim i stap insait long trening.

Insait long dispela taim nau

we Ramu NiCo i wok long wok i go insait long 85 prokdaksen kapasiti mak bilong en long pinis bilong dispela yia 2015, sefti bilong ol wokman na ol masin bilong en em bikpela samt-ing tru na trening em bikpela eria kampani i strongim.

Trening bai go long ol arapela seksen tu em long wasing plent, woksop we ol wokman olsem ol ikwipmen disel fita mekanik i wok i stap long en na tu ol arapela.

"Mipela i traim long sensim kain lukluk bilong ol wok lain long sait long pasin bilong ol long wok na wok we i ken bringim gutpela prodaksen we i kam wantaim sefti na stendet bilong wok etiks," Mista Baiwog i tok.

Mista Baiwog i tok dispela em namba wan kain in-haus trening long sait long sefti na wok etiks bilong ol main opereta na olgeta wok lain i amamas tru long trening ol i kisim.

"Mi kisim gutpela ol tok amamas i kam long ol boi husat i tokaut olsem ol i wet long kisim kain trening olsem long sampela taim," Mista Baiwog i

Mista Baiwog yet em wampela profesinol asesas Treina na i gat Setifiket 4 long Trening na asesmen long wok ples. Em wampela kwalifaid tredsman long welding, na em i gat Mastas treina setifiket luksave i kam long Nesenel Trening Kaunsil, setifiket long vokesinol trening, diploma long Trening Teknikol, Digri long Adalt Edukesen na wampela mastas long Teknikol na Vokesinol Edukesen Trening long Australia.

Em i stat wok wantaim Ramu NiCo long KBK Main long Epril 27, 2015 bihain long em i wok sotpela taim wantaim Yuni-vesiti ov Goroka (UOG).



1. Main sefti na etiks trening wantaim KBK Main Divisen wok lain.

2. Trening wantaim Multi Skills Trening long Basamuk Rifaineri.

3. Ol wokman long Basamuk Rifaineri lainim skills trening.



Ramu NiCo Management (MCC) Ltd,
the manager of Ramu NiCo Project is proud to host the 5th
NATIONAL MINING EMERGENCY RESPONSE CHALLENGE
in Madang

Date: August 22-25, 2015
Venue: DWU & PNG Maritime College



An initiative of:
National Apex Mining Safety Council



Under the auspices of:
Mineral Resources Authority

PNG winim Tahiti long ragbi yunien 7

i kam long bekses

Pilai namel long PNG na Tahiti i lukim tupela tim wantaim i pilai strong tasol ol i givim liklik taim tasol na PNG i winim Tahiti long 24 - 12.

Fiji i bin winim PNG long 17 nil long namba wan raun. PNG i gat tripela pilai stap yet bipo long fainol pilai i kamap.

Tahiti i pilai strong long namba wan hap na lokim PNG gut tru na lukim poin bin sanap olsem PNG 14 na Tahiti 12.

Long namba tu hap PNG i putim tupela tari na kik i no gi insait na Tahiti i no putim wanpela train a lukim PNG i win long ful taim wantaim 24 poin..

PNG nau i surik i go antap bihain long ol i lus long Fiji

long namba wan raun pilai bilong ol long asde.

Ragbi Yunien 7 i lukim ol strongpela pilai i kamap namel long ol Pasifik Ailan kantri.

Long ol arapela pilai bilong Ragbi Yunien 7; Fiji winim Guam 50 - 0. Gem namel long Samoa na Nauru i lukim Samoa i kam strong wantaim difens na nilim Guam long poin 69 - 0.

Samoa tainim difens na pasim rot bilong Nauru. Guam i no holim bal planti taim bilong pilai insait namba wan na namba tu hap.

Samoa i putim 11- pela trai olgeta, 6-pela long namba wan hap na 5-pela long namba tu hap. Nauru i traim

tasol i no putim wanpela trai yet na ful taim na Samoa i winim wansait long 69 poin na Nauru 0.

Na Tonga rausim Nu Kaledonia wantaim 35 poin na 7. Long namba wan hap Tonga i putim namba wan trai wantaim gutpela kik na i kisim 7 poin. Nu Kaledonia i bekim wantaim wanpela trai na kisim poin i go lokim long 7 wantaim Tonga. Tasol Tonga i kam strong na putim 3-pela moa trai long namba tu hap bilong pilai na winim Nu Kaledonia.

Dispela em long pilai long asde apinun na ol pila bilong ragbi yunien 7 i go het long dispela wik long Sir John Guise Stadium, Pot Mosbi.

Meri sut long gan i winim gol

Esther Bralyn Wani i raitim

NUPELA gol medalis Tanya Mahuru i winim gol long sut long gan long Mande long 2015 Pasifik Gems.

Tanya Mahuru i tok, "Em i namba wan taim bilong mi long resis na mi amamas long ol gutpela fesiliti long mekim trening long resis long bikpela level bilong kompetisen olsem."

Olsem total bilong 7-pela meri insait long dispela kompetisen bilong sut long gan.

Em i tok em i gat bikpela intres long 10 mita suting we bai sutim tupela palet wantaim wanpela taget taim em i taim.

"Tasol em i save nidim planti konsentresen o tingting na lukluk gut bihain long sutim taget," Misis Mahuru i tok.

I gat olsem 3-pela pilaia na tupela risev long pistol na 27 pilaia long sotgan.

Em i tok tumora bai sotgan kompetisen o resis bai i stat.



Tanya Mahuru i soim gol medol em i winim long sut long gan

Maroons bagarapim sindaun bilong Blues 52-6



i kam long bekses

LASPELA Gem bilong Stet ov Origin bilong dispela yia i lukim Maroons i kilim paia bilong ol Blues long kisim taitel bilong dispela yia.

Blues i bin kisim taitel bek long han bilong ol Maroons long las yia bihain long ol Maroons i holim long 8-pela yia olgeta.

Tupela gem i go pinis we Maroons i bin winim namba wan pilai na bihain Blues i winim namba tu long mekim dro long husat bai winim namba tri pilai.

Blues i bin mekim gutpela pilai long 10-pela min long namba wan hap we ol i bin kisim penelti klostu long mak bilong ol Maroons. Ol i bin kikim gol i go insait na ol i go pas long skoa 2-0.

Bihain long dispela penelti bilong ol, Maroons i kik i kam daun long mak bilong ol Blues na ol Blues i skin kirap long dispela gol bilong ol. Tasol dispela tupela poin bi-

long ol i stap inap long 70 minit bilong gem bipo long pinis bilong pilai.

Maroons i mekim olgeta pilai bilong dispela namba tri stet ov origin. Maroons i kam putim trai long 14-minit na kik i go insait bringim sko i go antap helpim wanpela penelti gol bilong go 8-2. Bihain ol i kam bek na skoa long 26 minit we i bringim sko i go long 14-2 na wantaim wanpela penelti gen, skoa i go 16-2.

Long 34-minit bipo long hap taim, Greg Inglis i putim wanpela trai long bringim skoa bilong Maroons i go antap long 22- 2 bipo long ol go malolo.

Long namba tu hap, olgeta pilai i bilong ol Maroons na no gat long ol Blues long abrusim lain bilong ol Maroons. Blues i kik ov na taim i pas long han bilong ol Maroons pilaia i putim wanpela trai long 1-pela minit tasol long stat bilong pilai bilong namba tu hap.

Dispela trai i opim rot bilong ol trai bilong Maroons. Ol i putim wanpela trai long 49-minit, na kik i go insait na skoa i go antap long 34-2. Bihain Maroons i kam bek na skoa long 56 minit i kisim skoa i go long 40-2.

Michael Jennings i kam skoa bilong ol Blues bihain long mistek bilong ol Maroons taim em i kisim lus bal na ran spit i go long trai lain bilong ol Maroons. Kik bilong ol i no go insait we skoa i stap 40-6.

Will Chambers i kam putim namba tu trai bilong em long bringim skoa i go antap long 46-6 wantaim kik bilong Johnathan Thurston. Em i kikim 9-pela gol olgeta long dispela laspela pilai.

Bihain long kik ov tasol, ol Maroons i putim laspela trai na bringim skoa i go 50-6. Justin Hodges i kikim laspela kik na kisim skoa i go long 52-6 long wanpela bikpela skoa lain bilong Stet ov Origin.



OL PNG Lewas kriket tim winim ol

MERI kriket tim bilong Fiji i lus long Papua Niugini MMI Lewas long Tunde dispela wik, tasol ol Fiji i no givap long lukluk go het long pait long gol medal long Sarere dispela wik yet.

Ol Lewas i bosim gut dispela gem long Tunde we ol i no larim birua tim bilong ol i go insait long kisim ples, bikos long gutpela 135 ran bilong Norma Ovasuru, long opim wantaim (68) na Varoi lgo Morea (61).

Senisim kos nau, Fiji pun-daun wantaim 4-27 long bekim

hariap, taim ol i rausim sta kipa-beta Alicia Dean long 16 we i pinisim dispela resis.

Tasol, narapela top meri long paitim bal, Semaene Lomani i bilip yet olsem ol meri Fiji bai no inap lusim bilip wantaim dispela 81 ran lus gem.

Em i tok, tude ol bai kam bek wantaim ful fos bikos em i tok, boling bilong ol tasol i bin bagarapim ol long Tunde.

Tude Fiji i pilai wantaim Samoa na em tu bai wanpela strongpela pait stret namel long tupela top tim gen.

"Mi ting Samoa, i wankain

olsem mipela long stail bilong pilai, olsem na em bai stap long han bilong mipela yet long husat i laik kamap long pilai gutpela kriket long dispela de bai kamapim win, Lomani i tok.

Fiji i bin pilai wantaim Nu Kaledonia we ol i rausim Nu Kaledonia isi tasol wantaim 7 wiket baksait long 5 i kam long Ruci Kaiwai Muriyalo.

Samoa, tu i abrusim PNG na i go stap antap long tebol nau, na em i pinisim olgeta Vanuatu na Cook Ailan wantaim pawa.



Norma Ovasuru kisim bes pilai meri awot long dispela resis namel long PNG Lewas na Fiji meri kriket tim long Tunde. Justin Tkatchenko, Minista bilong Spots na 2015 Pasifik Gems i givim dispela awot.

Pikinini man bilong Kwin i amamas long opim Pasifik Gems

Frieda Sila Kana i raitim

NAMBA tu pikinini man bilong Kwin bilong Inglan, Roiyol Haines Prins Andrew, Duke ov York i bin amamas tru long lukim kain kain stail ol Papua Niugini Gems Oge-naising Komiti bilong IV Pasifik Gems 2015 i kamapim long taim bilong opim ol gems long Sarere Julai 4, 2015.

Pastaim long Prins Andrew i ritim toktok bilong Misis Kwin, em yet i tok olsem, "Mi mas tok amamas long yupela Papua Niugini long soim dispela narapela kain open seremoni wantaim kain kain stail stret. Em i soim tru kala bilong yupela olsem yupela ol lain miks lain pipel tasol yupela i stap olsem wan pipel, na em i wanpela bikpela samting tru long laip bilong yupela."

Dispela opim seremoni i stat pastaim tru wantaim ol bikpela lain olsem Roiyol Haines, Duke ov York wantaim Praim Minista bilong Papua Niugini Peter O'Neil, Minista bilong Spots, Justin Tkachenko, Spika bilong Palamen na Ekting Gavana Jeneral, Theo Zurenuo wantaim Presiden bilong Pasifik Gems Kaunsil, Vidya Lakhan i kam insait wantaim bung ben bilong PNGDF na Woda na ol lain bilong Gems Oge-naising Komiti, Siameri Emma Waiwai na Siaman bi-

long Pasifik Gems Atoriti, Kostas Constantino i tok welkam long ol bikman.

Long wankain taim polis ben i singim song, "Papua Niugini wan nesen" we em i mekim olgeta lain i singsing na pilim wanbel olgeta.

Oi kain kain kala bilong lait i kirap na ol pipel i harim ol i winim wanpela taur. I gat 1000 pikinini i bilong ol skul long Nesanel Kepital Distrik i bin holim ol lam wantaim ol singsing grup bilong ol Motu asples bilong Nesanel Kepital distrik. Ol lain Motu i apim ol piksa lakatoi kanu na danis singsing i go antap long stes na soim piksa bilong Hane Namo singaut na treid bilong lakatoi pasin tumbuna.

Bikpela singaut i kamap long taim ol tumbuna singsing i makim 22 provins bilong kantri i kam insait long BSP Stadium arena. Ating ol PNG i lainim wanpela nupela kain we bilong wokim singsing tumbuna insait long 5 minit tasol antap long stes, bikos ol lain i bosim seremoni tokim ol long go hariap, hariap.

Ol lain Huli singsing grup i go pas tru na na bosim tupela sait bilong stes long tok welkam long ol kantri spot tim taim ol i go antap long stes long mekim luksave long ol pastaim long ol i go daun gen na i go kisim ples long sait.

Presiden bilong Pasifik Gems Kaunsil, Vidya Lakhan i tok welkam long Duke ov York, Prins Andrew na i tok ol i tingim yet bipo taim em i bin kam na opim 1991 Pasifik Gems long Pot Mosbi.

Em i tok spesol welkam long ol wantok bilong Australia na Nu Silan long kam long dispela Pasifik Gems long namba wan taim.

"Taim mi tok welkam long yu na mi bilip bai yu amamas long gutpela pasin bilong ol Papua Niugini na taim yu go bek bai yu gat gutpela tingting yet long Pasifik Gems long Papua Niugini," Mista Lakhan i tok.

Na ol ogenaising komiti i no lusim tingting long stail pilai gita string ben bilong PNG. Dispela taim ol i putim Musik Nait bilong PNG, Sir George Telek wantaim King bilong Pasifik Musik, Pati Doi na tupela biknem atist, Tom Lari na Kigi Geno bilong Paramana Strangers i go antap na kukim hap stes klostu i paia bikos taim ol i kirapim gita na singsing, olgeta lain insait long stadium tu i singsing na i no inap long yu bai harim ol toktok bilong ol song.

Em soim tru wanem kain pipel i save stap harim na bi-hainim ol biknem ben bilong PNG. Ol gems bai go pinis long 18 Julai wantaim narapela bikpela na kain kain kala bilas na stail gen.



Medol Tali long 2015 Pasifik Gems-Pot Mosbi-PNG

Mak	Kantri	Gol	Silva	Brons	Total
1	Papua New Guinea	17	7	7	31
2	Australia	6	15	8	29
3	New Caledonia	10	5	9	24
4	Fiji	4	10	8	22
5	Samoa	8	11	0	19
6	Tahiti	5	5	3	13
7	Solomon Islands	3	2	4	9
8	Kiribati	3	0	2	5
9	Marshall Islands	0	0	4	4
9	New Zealand	0	0	4	4
10	Nauru	0	2	1	3
10	Federated States Micronesia	2	1	0	3
10	Guam	1	1	1	3
11	Cook Islands	0	0	2	2
11	Vanuatu	0	0	2	2
12	Tonga	1	0	0	1
12	American Samoa	0	0	1	1
12	Palau	0	0	1	1
Nogat	Niue	0	0	0	0
Nogat	Norfolk Island	0	0	0	0
Nogat	Northern Mariana Islands	0	0	0	0
Nogat	Tokelau	0	0	0	0
Nogat	Tuvalu	0	0	0	0
Nogat	Wallis and Futuna	0	0	0	0

OI PNG V12 meri winim ol meri Tahiti ...Tahiti meri i wol sempion long Va'a

Veronica Hatutasii raiitm

2015 PASIFIK Gems long Mosbi, PNG i pulim sampela wol sempion bilong Pasifik rijon i kam insait long pilai.

Brenda Vaimiti Maoni i gat 28 krismas bilong Tahiti i wanpela long ol.

Taim yu lukluk long en, na em i no wanpela bikipela skin o longpela meri, yu no inap tingim em i wanpela meri i

gat nem na namba long wol.

Tasol em i gat nem na namba long spot pilai, Va'a o pilai long pedlim o pul long kanu. Spesel eria bilong en em Wimens Open.

Wantok Niuspepa i bin bungim Brenda taim em i go kism stori bilong dispela resis long dispela wik Tunde.

Brenda i bin winim 500 mitas Va'a resis bilong ol meri na winim gol long Tahiti, egensim ol meri Wallis na

Futuna, Nu Kaledonia, Kuk Ailan na Fiji.

Ol manmeri i pilaim dispela gem i mas strong bikos ol i mas pul long kanu egensim strong bilong solwara.

Wantok i askim Brenda rot we em i bihainim long kamap olsem wol sempion long Va'a Wimen's Open na wantaim helpim bilong tok tanim meri i tok, "treening, hatwok, daun pasin, luksave na mekim gut long ol narapela, na famili

sapot" i helpim em long kamap na holim taitel bilong wol sempion long meri Va'a resis.

Long neks yia, Brenda bai go pilai long Australia long Va'a Wol sempion.

Va'a o kanu resis i nupela pilai spot long PNG, tasol long Tahiti, em i wanpela longpela taim pilai.

Olsem na long Pasifik Gems resis, tim bilong ol manmeri long Tahiti wok long winim ol arapela kantri

long dispela Va'a resis.

Tim bilong ol man i bin winim tupela gem taim tim bilong ol meri i bin winim tupela gem.

Tasol long V12 resis, tim bilong ol meri PNG i bin strong tumas na winim Tahiti meri tim.

Lancron Nevi Beis i bin pulap gut tru long lukim na strongim ol tim i bin stap insait long ol wan wan Va'a pilai resis.



PNG MERI WIN: PNG Va'a V12 tim i winim ol meri Tahiti na kism gol medol. *Oi Poto: Veronica Hatutasii*



WOL SEMPION: Brenda Vaimiti Maoni wantaim tim lida bilong ol meri tim.

PNG Ragbi tas i stap namba 3 long Wol

Esther Bralyn Wani i raiitm

PAPUA Niugini ragbi tas i stap namba 3 long wol. Dispela i givim moa strong long ol long pilai insait long 2015 Pasifik Gems.

Ol meri pilai ragbi tas i winim wanpela gol aste wantaim ol man i pilai egensim Samoa long semi-fainel i win wantaim skoa olsem 8-7 poin.

Kepten bilong PNG Ragbi Tas, Eugene Eka i tok, "Ol Samoa i subim mipela i go long wanpela we mipela i no bin go bipo bikos planti bilong ol Samoa i save stap long Australia na ol i save pilai long level bilong Australia tasol wantaim sapot bilong ol sapota bilong mipela na wantaim PNG stail mipela i winim ol Samoa wantaim 8-7.

Mista Eka i tok long miks ragbi tas we ol i pilai long Wol Kap ol i stap namba 3 ples insait long olsem 52 kantri.

Em i tok ol i lus taim ol i pilai wantaim Australia, Nu Silan na Saut Afrika tasol ol narapela ol i winim olgeta.

Ol miks tim i redi long 12-pela mun long pilai long dispela Pasifik Gems tasol em i kamap gut stret taim ol i salensim ol narapela 52 kantri na ol i stap namba 3 long wol nau.

Mista Eka i tok planti bilong ol i gro bikipela wantaim long ol setelmen na pilai wantaim taim ol i liklik yet long dispela em i no tim tasol ol i olsem brata.

Ol i tokaut long ol pikinini long setelmen na strit olsem no ken lukluk go bek long ol rong o samting yupela i mekim pinis tasol lukluk long ol gutpela samting bai kamap na stat nau.

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Mendi - Port Moresby	668.71	1,279.88
Popondetta - Port Moresby	346.56	673.48
Tari - Port Moresby	887.16	1,691.08
Wapenamanda - Port Moresby	606.66	1,163.08
Tabubil - Port Moresby	880.56	1,677.48
Kiunga - Mt Hagen	692.51	1,324.68
Lihir - Rabaul	316.86	620.28
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Rabaul - Hoskins	370.21	721.88

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Steven Kari kisim medal long Praim Minista O'Neill taim em i winim 204 kilogram.

Soka tim bilong PNG i amamas bihain long win bilong ol long Solomon Ailan.



Ragbi 7s Naurui pilai wantaim Tahiti. Tahiti winim Nauru.

Kepten bilong PNG i putim was long pilai bilong Solomon Ailan. PNG i bai resis long pilai long medol.



Solomon Ailan soka tim

Tim Tahiti wokim stail danis long taim bilong openim gems

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win 56-6**

...lukim moa long pes 24

Stanley Nondol i raitim

STONGPELA pilai bilong ol man ragbi yunien 7 i lukim PNG i winim Tahiti na Samoa i winim Nauru wantaim bikpela poin long aste apinun long Sir John Guise Stadium long Pot Mosbi.

Pilai namel long PNG na Tahiti i lukim tupela tim wantaim i pilai strong, na taim ol i givim liklik taim, PNG i winim Tahiti long 24 - 12.

...lukim moa long pes 24

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